



VCSE Training Session

22nd September 2026

Community Voice in Action Grant Programme

Kingston
University
London


KINGSTON
VOLUNTARY
ACTION


Raising Voices in Research

Community Voice in Action (CViA)

- Funded through the NIHR Regional Research Delivery Network (RRDN)
- Aim: to increase diversity of participation in research
- Model: Reach underserved communities through partnership with VCSE organisations who are engaged, embedded in, or led by those communities.
 - Identify the barriers that communities face to participate in health research
 - Explore meaningful ways for these communities to be involved in research
 - Identify community health research priorities
- Outputs: Inform a Local Plan for Research, outlining community-led priorities
- Collaborative partnerships between VCSE, academics and health bodies/structures

Raising Voices in Research

- Collaborative partnership between Action Hampshire, Engaging Communities Research Centre, HIOW Integrated Care Board and University Hospital Southampton



What does this involve?

- Deliver 2 workshops (October-November 2026):
 - Demystifying health research
 - How communities want to be engaged in research
 - Identifying research priorities and key themes
 - Evaluation
- End of Project reporting (early December 2026)
- Research Collaborative Event (Feb 2027)



Demystifying Health and Social Care Research

Caroline Tiza

University Hospital Southampton NHS Foundation Trust

caroline.tiza@uhs.nhs.uk

Deliverables



- Attend today's workshop!
- Undertake two workshops with at least 10 of your community members
 - Workshop 1: demystify research and explore your community members' needs and perceptions regarding research
 - Workshop 2: Increase understanding of communities' current health and social care research interests. Increase understanding of how to take part in research and increase awareness of current research participation opportunities.
- These can be delivered in any way which you believe will best engage your community members, but the basic outline of the workshops will be covered in today's session

Deliverables



- Use the template provided in the information booklet to capture your community members' insights
- Project evaluation
- Deadline to complete workshops and submit feedback and evaluation is December 11th, 2026
- Attend the final event in February 2027

Community Engagement Methods

Group activities:

- Graffiti wall
- Storyboard or map
- Roleplay
- Take turns interviewing

Digital tools:

- Mentimeter: quick and easy poll
- Online Forms: Google Forms, M365 Forms, Survey Monkey – traditional survey tools including branching options
- Padlet: multi-media data gathering digital board
- Shared documents e.g. Google or M365 docs, presentation slide decks
- Online whiteboards e.g. M365 whiteboard, Canva, Mural, Miro

Most include in-tool visuals of responses and AI options for data analysis and theming

Evaluation

- Informed consent before data is collected with your participants
- [Pre-workshop questionnaire](#): this is to help us understand who has taken part
- [Post-workshop questionnaire](#): this is to help us capture change due to the workshop participation
- We need to know how many people started the workshops (a simple count will do) and how many finished both workshops (i.e. how many went all the way through to the end of workshop 2; again, a simple count will do). This is to capture dropout rates.
- Qualitative/case study data to explore participants experiences of the workshops. We suggest that the data is collected in either a short (30 minute) group discussion, or a short interview (30 minute) with one participant. We would like these audio-recorded.
- All data should be returned to us.

Evaluation

- To capture learning at an organisational/delivery level, we will also be asking those running the workshops for their feedback – please complete the [End of Workshops Feedback Form](#)
- Any questions?
 - Dr Debra Gray (Debra.Gray@kingston.ac.uk)
 - Please contact us with any questions you might have or any issues/concerns

Invoicing

Payments will be made in two instalments

1. **First instalment:** We will process your **£2,000** once we have received the following:

- The dates when your events are taking place
- a bank statement dated within the last three months or an invoice made out to:
Kingston Voluntary Action
Siddeley House 50 Canbury Park Road
Kingston upon Thames
KT2 6LX
Charity Number: 1160403

Please send to communityvoice@kva.org.uk

2. **Second instalment:** The remaining **£1,000** will be paid once we have received the following:

- All the information/materials collected during the delivery phase. This includes Pre-Workshop and Post-Workshop Questionnaires, and all other materials such as photos, audio, video recordings, etc.
You can send hard copies to the address above or take pictures and send to communityvoice@kva.org.uk
- Completed online [feedback form - final evaluation report](#).
- If you are invoicing us, please send your second invoice to communityvoice@kva.org.uk

Any questions?

- Eneida Capaldi (communityvoice@kva.org.uk) or call **020 8255 3335**



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Questions?

How will we support you?

- Project Information Booklet
- Reach out to the team!
- Mid-point check-in
- One on one support for your organisation
- Community Voice in Action webpage – all resources and updates are available here:
<https://kva.org.uk/news/community-voice-in-action/>
- If you have any questions or would like any support: communityvoice@kva.org.uk or call 020 8255 3335 – Eneida Capaldi
- To contact me: Debra.Gray@kingston.ac.uk
- More about RViR:
 - <https://www.youtube.com/watch?v=OZRjRdJnWmU>
 - <https://rvir.co.uk>

Key Dates

Date	Stage
Monday 13 July 2026 at 12:00pm	Applications Close
Wednesday 22 July 2026	Successful applicants will be notified
Tuesday 22 September 2026 at 10am	Training session for VCFSE organisations hosted on Zoom + Invoice 1 (£2,000)
October – November 2026	Participating organisations deliver 2 activities/sessions
Friday 11 December 2026	Reporting (to be included in a Local Plan for Research) + Invoice 2 (£1,000)
February 2027 - date TBC	Event to share insights from the programme