

# Welcome: Session 46 (09/05/22)

- Thank you for joining us
- We are grateful for the support of the community sector working in partnership with us to share messages with the residents of Kingston
- We need every resident to know what they can personally do to keep themselves safe - and that way - also help Kingston to be safe as a whole
- Today we will share the latest data for Kingston - likely the last for the moment with this level of detail
- We will share the latest key messages - for you to share with your contacts
- We'll also be adding in some new messages - about opportunities for residents to stay healthy while we have COVID-19 in the borough
- We are going to have a new focus on supporting vaccination for those who may have been left behind

# COVID-19 data: April 2022 ->

## Major changes to testing -so our available data has changed

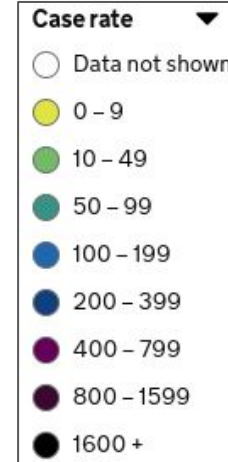
- *Mass free public LFT testing ended March 31st 2022*
- *PCR test sites in borough closed at end of March 2022*
- *Private LFT tests cannot be reported via national site by test kit users 'You cannot use this service to report results from a test kit you've paid for. If you paid for a test, check the test kit instructions to see if you should report your results to the private test provider.'* <https://www.gov.uk/report-covid19-result>

Therefore - **available data does not reflect community rates** (similar situation now as in April/ May 2020 in terms of community data)

Thus - ***we will review here hospital data trends and hospital inpatient data and national and regional ONS survey data*** only for April 2022->

# What is the trend in Kingston for COVID-19?

Free testing ended 01/04/22



Date	Rate
03/04/2022	570.5
09/04/2022	356.1
17/04/2022	234.5
24/04/2022	168.6
<b>01/05/2022</b>	<b>114.4</b>

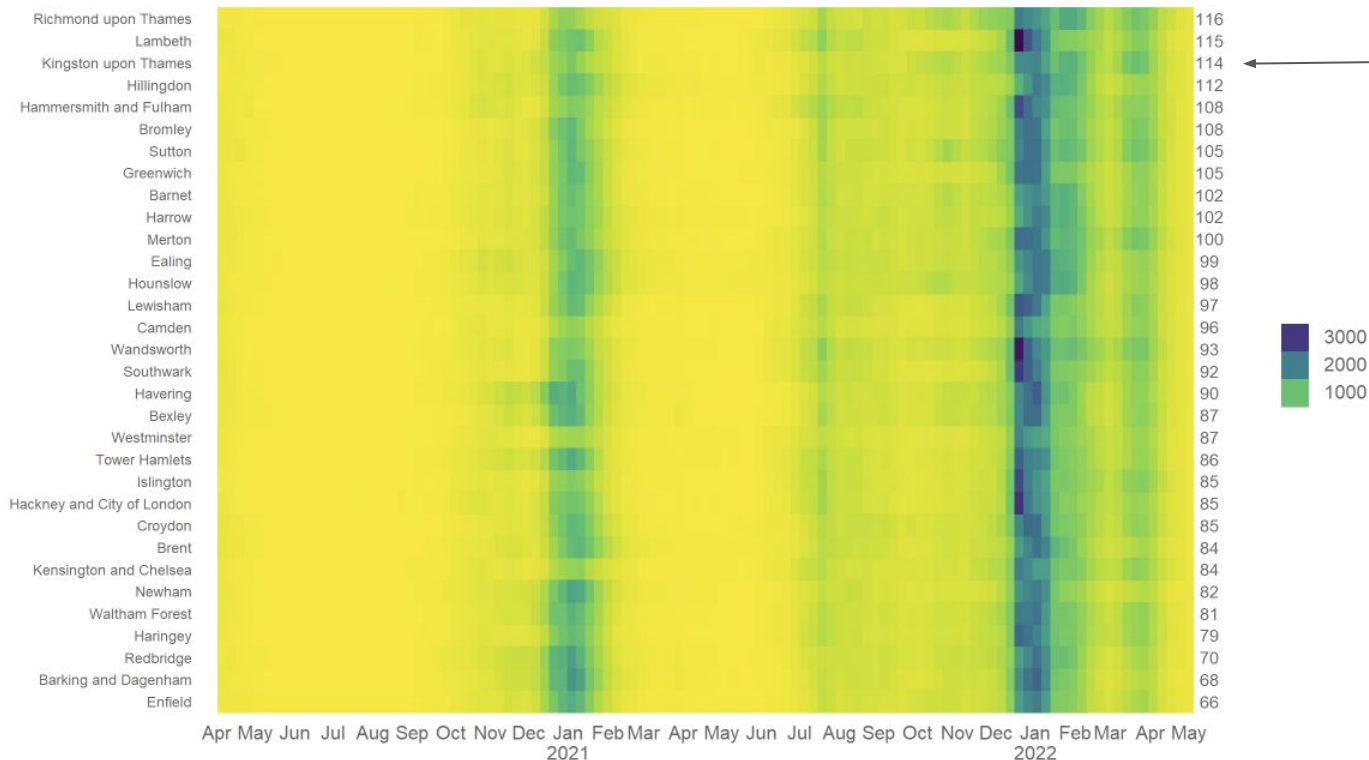


You can check the latest data here: <https://data.kingston.gov.uk/home/coronavirus-dashboard/>

# How does Kingston compare with other London boroughs?

## Weekly case rates per 100,000 population

Most recent complete data for week ending 01 May (case rate shown on right hand column)



Source: UK Government COVID-19 Dashboard

Sorted by case rate in most recent week. Colour scale may change with new data

Graphic by GLA City Intelligence

# Coronavirus Infection Survey Pilot (06/05/22)

(estimating the proportion of people in the community with COVID-19, and those newly-infected)

## Key estimate at national level: no update this week so the data is the same as last week

- **4.84%** (no update the week before, 6.98% three weeks ago) of the community population aged two and over in England estimated to have had COVID-19 at any given time between 10th April and 23rd April 2022.
- This equates to **8,132**, or approximately 1 in 22, Kingston residents with COVID-19 (no update last week, 11,728 the week before)

## Regional (London) estimate: (updated this week)

- **2.44%** (3.59% last week, 5.29% the week before) of the community population in London estimated to have been infectious for COVID-19 on 20th April 2022
- This equates to **4,100**, or approximately 1 in 44, Kingston residents with COVID-19 (6,032 last week, 8,888 the week before)

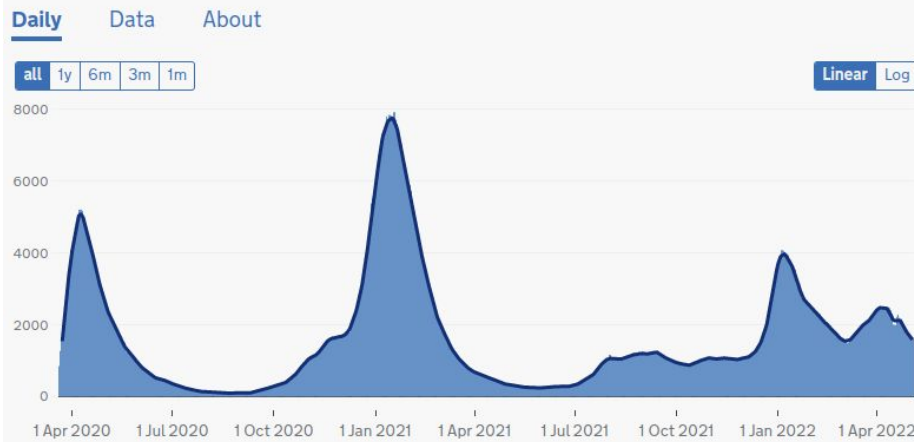
You can see more about the ONS survey here:

<https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/conditionsanddiseases/bulletins/coronaviruscovid19infectionsurveyspilot/6may2022>

# What is the London hospital data showing?

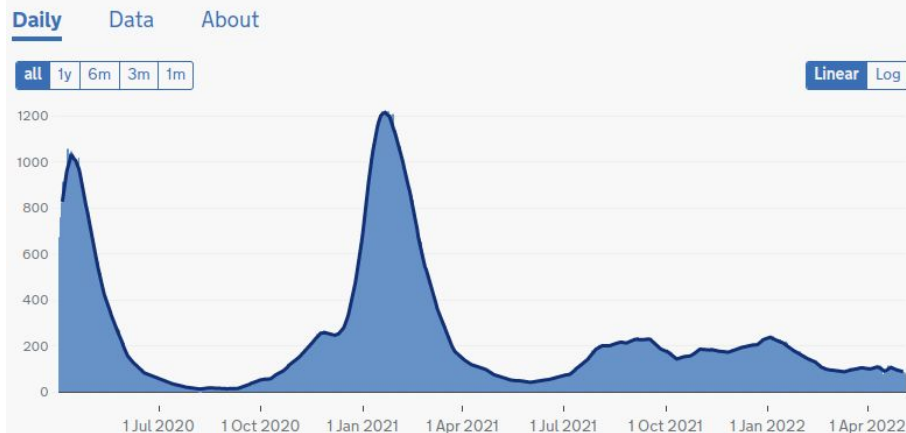
## Patients in hospital

Daily count of confirmed COVID-19 patients in hospital at 8am. Data are not updated every day.



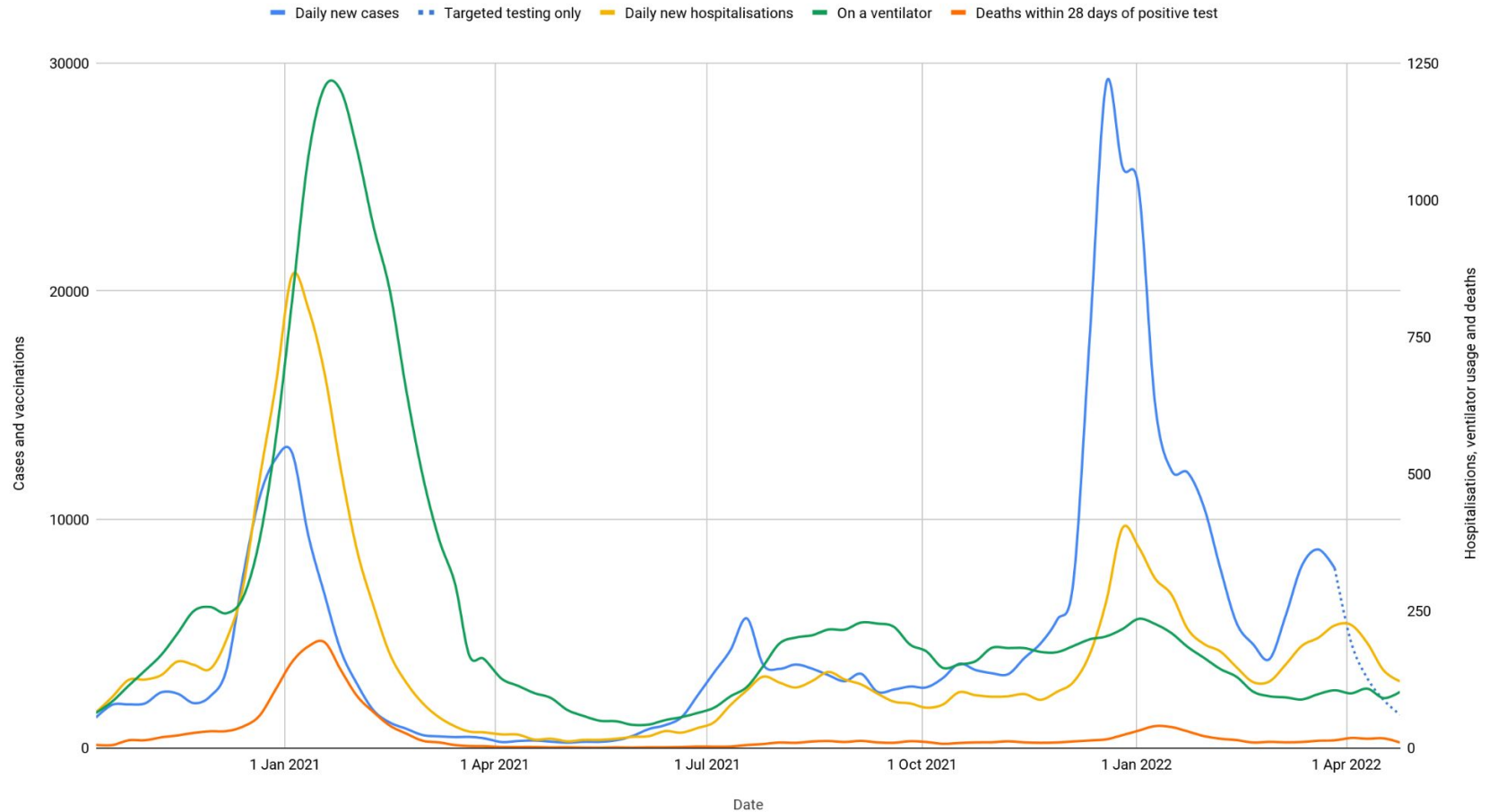
## Patients in mechanical ventilation beds

Daily count of COVID-19 patients in mechanical ventilation beds, and 7-day rolling average. Data are not updated every day.



See the latest London data here:  
<https://coronavirus.data.gov.uk/details/healthcare?areaType=nhsRegion&areaName=London>

## Covid-19 cases, hospitalisations and deaths in London (seven day average)



# Keep safe: Prevent COVID-19 spreading in your household

If you or a family member think you have COVID-19 or another respiratory illness there is a high risk of passing onto others in your household, there are simple things you can do to help prevent the spread:

- **keep your distance from other people you live with and spend as little time as possible in shared areas such as kitchens and living rooms.** This is particularly important if someone you live with is unvaccinated or at higher risk of becoming seriously unwell from COVID-19, especially those with a severely weakened immune system
- if you need to spend time in shared areas **wear a well-fitting face covering made with multiple layers or a surgical face mask.** Ventilate the room by opening windows and leaving them open for at least 10 minutes after you have left the room. Leave extractor fans running for longer than usual with the door closed after use
- **cover your mouth and nose with disposable tissues when you cough or sneeze.** Dispose of tissues into a rubbish bag and immediately wash your hands or use hand sanitiser
- **wash your hands frequently** with soap and water for 20 seconds or use hand sanitiser after coughing, sneezing and blowing your nose and before you eat or handle food. Avoid touching your face
- if you can, **use a separate bathroom from the rest of the household.** If this is not possible try and use the bathroom after everyone else
- **regularly clean frequently touched surfaces**, such as door handles and remote controls, and shared areas such as kitchens and bathrooms





**FROM 1 APRIL**

**FREE SYMPTOMATIC  
COVID-19 TESTING  
WILL CONTINUE  
FOR AT-RISK  
GROUPS**



**FREE COVID-19 TESTING  
WILL BE PROVIDED FOR:**

- 1. PATIENTS IN HOSPITAL**  
where a PCR test is required for their care, to provide access to treatments, and to support ongoing clinical surveillance for new variants



**FREE COVID-19 TESTING  
WILL BE PROVIDED FOR:**

## **2. PEOPLE MOST AT-RISK FROM COVID-19**

who are eligible for community  
COVID-19 treatments.

People in this group will be  
contacted directly.



**FREE COVID-19 TESTING  
WILL BE PROVIDED FOR:**

### **3. PEOPLE LIVING OR WORKING IN HIGH-RISK SETTINGS**

where infection needs to be identified quickly to prevent outbreaks, or before being discharged from hospital into care homes and hospices.



## **ASYMPTOMATIC LATERAL FLOW TESTING**

will also continue to be used to protect people during periods of higher prevalence in some high-risk settings, where infection can spread rapidly.

**Spring Booster programme  
is now open**

**NO LONGER WAIT TO BE  
CONTACTED - JUST WALK-IN  
OR BOOK ONLINE**

**Please share this social  
media video** (with audio)



# Vaccination for 5-11 year olds is now open

- In line with the JCVI's recommendations, Covid 19 vaccinations are now being offered to all 5-11 year old children whose parents would like them to receive it.
- Those parents who wish their 5-11 year old children to receive Covid vaccination should [book online](#) or by calling 119.
- Further information at:  
<https://swlondonccg.nhs.uk/covid/>



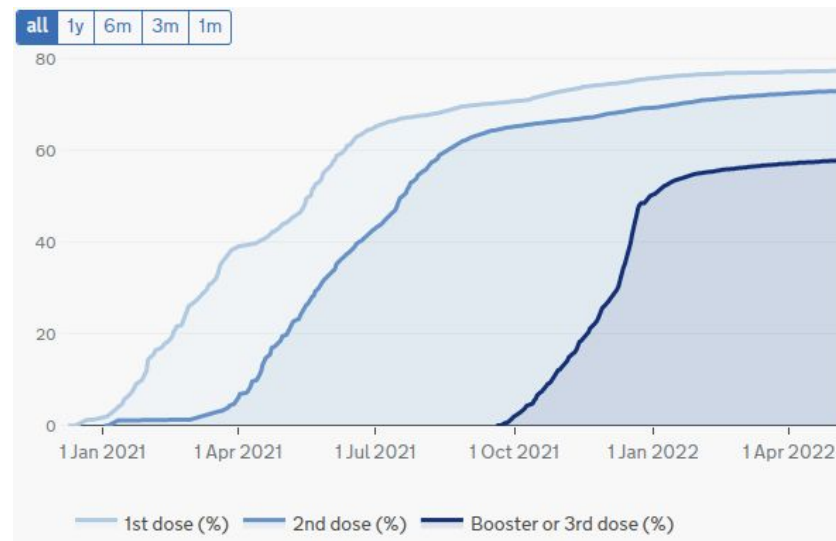


# Vaccination:

Our range of walk-in vaccination clinics continues across Kingston and our bordering boroughs - **it really has never been easier**

Offers change on a weekly basis, but for the very latest, please check at:

[www.swlondonccg.nhs.uk/covid/where-can-you-get-vaccinated/vaccination-walk-in-clinics/](https://www.swlondonccg.nhs.uk/covid/where-can-you-get-vaccinated/vaccination-walk-in-clinics/)



Latest total percentage of people aged 12 and over who have received a COVID-19 vaccination, by dose.

1st dose: 77.3%

2nd dose: 72.9%

3rd dose or booster: 57.8%

Kingston Vaccination data for the 5th May 2022 (latest available)

Source: <https://coronavirus.data.gov.uk/details/vaccinations?areaType=Itla&areaName=Kingston%20upon%20Thames>





COVID-19  
Vaccination Centre

# COVID-19 vaccine walk-ins

**Pop up clinic - 12+ anyone eligible for 1st, 2nd, Booster and Spring Booster, 11am to 4.30pm**

**Surbiton Library, KT6 6AG - Monday 9 May 2022**

**The Hook Centre, KT9 1AE - Wednesday 11 May 2022**

**New Malden Library, KT3 3LY - Thursday 12 May 2022**

**Kingston Library, KT1 2PS - Friday 13 May 2022**

**For times & full details visit [swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)**

**12+, 1st, 2nd & booster doses available.**

**No appointment needed or book at [nhs.uk](https://nhs.uk)**

**POP  
IN!  
KINGSTON**



**POP  
IN!**

**RICHMOND**

# COVID-19 vaccine walk-ins

**NHS**

COVID-19  
Vaccination Centre

## **Teddington Health and Social Care Centre**

**Moderna vaccination clinic, 18+ 1st and 2nd doses**

**Thursday 12 and Friday 13 May 2022, 9am to 5pm**

**Pfizer vaccination clinic, 16-17**

**Tuesday 10 and Wednesday 11 May 2022, 12.30pm to 6.30pm**

**Saturday 14 May 2022, 9am to 4pm**

**Vaccination clinic, 5-11 walk-in**

**Tuesday 10 and Wednesday 11 May 2022, 12.30pm to 6.30pm**

**Saturday 14 May 2022, 9am to 4pm**

**Vaccination clinic, 12-15 1st, 2nd & Booster for CEV**

**Tuesday 10 and Wednesday 11 May 2022, 12.30pm to 6.30pm**

**Saturday 14 May 2022, 9am to 4pm**

**For times & full details visit [swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)**

**12+, 1st, 2nd & booster doses available.**

**No appointment needed or book at [nhs.uk](https://nhs.uk)**



# COVID-19 Pharmacy Vaccinations

**Pfizer and Moderna walk-in session**

**COVID-19 Vaccination and Booster**

**Boots, Union Street, Kingston**

**Pfizer vaccination clinic, 16+ 1st, 2nd and booster doses:**

Monday 9 May 2022, 9am to 12.45pm

Saturday 14 May 2022, 9am to 12.45pm

**Moderna vaccination clinic, 18+ booster doses:**

Monday 9 May 2022, 2.15pm to 5pm

Friday 13 May 2022, 9am to 12.45pm

Saturday 14 May 2022, 2.15pm to 5.15pm

[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)

**NHS**

COVID-19  
Vaccination Centre





**Come for  
a chat**

**NHS**

South West  
London

**Ask about  
the Covid-19  
Vaccine**

Visit your local vaccine  
walk-in clinic or call  
**0203 880 0388\*** to speak  
to a member of staff  
\*charges may apply

[www.swlondonccg.nhs.uk/covid-walk-in](http://www.swlondonccg.nhs.uk/covid-walk-in)

# **Selection of National Messages**





HM Government

**NHS**



**Try to stay at home** if you are unwell.



HM Government



**Getting vaccinated offers the best protection against COVID-19.**

It reduces the risk of spreading it to others and means you're less likely to get seriously ill.





HM Government



**Consider wearing a face covering** in crowded and enclosed spaces, especially where you come into contact with people you do not usually meet.





**Wash your hands regularly for 20 seconds or more  
to limit the spread of COVID-19.**



HM Government



**COVID-19 guidance is changing.**

**Make sure you know what you should do to protect yourself  
and those around you.**

# **A selection of other (non COVID-19) priority immunisation assets**





# HPV

— vaccination —

Protecting against HPV infection to  
help reduce your risk of cancer





UK Health  
Security  
Agency

**Mums, dads and  
carers of children  
aged 3 years  
and older**



# Measles, Mumps

# Vaccine Champions update

Vaccine Champions Toolkit **now live!**

<https://kva.org.uk/our-services/covid-champions/>

You will find:

1. Translated COVID messaging for use on social media
2. A brief vaccine attitudes survey to share with your community groups
3. Vaccination FAQs
4. Walk-in details
5. Information about Kingston's Healthy Lifestyles Services + more

Don't forget to check walk-in details at locations in our neighbouring boroughs - these are often helpful to people who live on borough borders or work in the surrounding area. All pop-ups can be checked here: <https://swlondonccg.nhs.uk/covid/vaccination-walk-in-clinics/>



Though vaccination is not a guarantee against getting COVID, it reduces your risk of catching it.

**AND IF YOU DON'T CATCH IT,**

**YOU CAN'T SPREAD IT.**



Chociaż szczepionki nie gwarantują, że nie zarazisz się COVID, redukują one ryzyko zarażenia.

**A JEŚLI NIE ZŁAPIESZ COVID,**



**NIE BĘDZIESZ PRZEKAZYWAŁ WIRUSA DALEJ.**



گھر میں ہوا  
کی آمد و رفت  
کو بہتر بنائیں،  
اندر ماسک  
پہنیں، اور  
دوسروں سے  
ملاقات سے  
قبل ٹیسٹ  
ضرور کرلیں۔



>>>  
**Vaktinde aşlanmak, ailenizle ve arkadaşlarınızla daha güvenli bir şekilde vakit geçirebileceğiniz anlamına geliyor.**



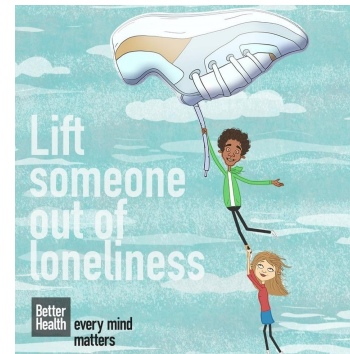
# **NEW MESSAGES: Helping people stay healthy while we have COVID-19 in the borough**

We will share details and new messages about opportunities in Kingston for residents to keep themselves as healthy as possible.

**Please share with your networks!**

# Helping care for your and other people's mental health

- Mental Health Awareness Week runs nationally 9-15 May 2022, this year exploring the impact of **loneliness**
- Encourage people to connect with others and talk about their experiences and feelings if they feel isolated.
- The NHS Every Mind Matters website has practical advice and tips including simple ideas to help people who are feeling lonely.  
<https://www.nhs.uk/every-mind-matters/>
- Anxiety, stress, sleep problems and low mood are some of the other common issues affecting mental health. These can be experienced by anyone at different times throughout life.
- Local website [www.connectedkingston.uk](http://www.connectedkingston.uk) has a section on 'Staying Mentally Well'. This includes useful tips and links to national organisations, and many local groups which can offer direct support and in particular help to reduce loneliness.



Connected  
Kingston

# Cervical screening tests help prevent cancer

**Call to action:** Encourage women to take up the offer of cervical screening if they are invited



- Women aged 25-64 are encouraged to take up cervical screening when they are invited, by booking an appointment at their GP practice.
- The cervical screening test can stop cancer before it starts. It is one of the most preventable cancers.
- Two women die every day from cervical cancer in England. It is most common in young women aged 25-29.
- The number of people missing their test invitation has increased. This is about one third of eligible women in Kingston, and particularly younger women aged 25-29
- It's common for women to worry that the 5 minute test will be uncomfortable, or they feel embarrassed about it. Talking to the GP or nurse about these worries can reassure women about the screening test.
- **If someone did not attend for their last appointment, book another one with the GP.**
- Learn more: [nhs.uk/cervicalscreening](https://nhs.uk/cervicalscreening)
- An easy reading guide with pictures and clear explanation is also available. [www.gov.uk/government/publications/cervical-screening-easy-read-guide](https://www.gov.uk/government/publications/cervical-screening-easy-read-guide)

**Any questions?**

**Are there any topics in particular you would like to be covered in future sessions? Please put your answers in the chat function.**

If you have any suggestions you can also email

[anna.searight@kingston.gov.uk](mailto:anna.searight@kingston.gov.uk)



Thank you.

Together we can help Keep Kingston Safe



**Let's keep life moving.**



FRESH AIR



TESTING



FACE COVERINGS



APP



HANDWASHING

[gov.uk/coronavirus](https://gov.uk/coronavirus)