

# Welcome: Session 39 (10/01/22)

- Thank you for joining us
- We are grateful for the support of the community sector working in partnership with us to share messages with the residents of Kingston
- We need every resident to know what they can personally do to keep themselves safe - and that way - also help Kingston safe as a whole
- Today we will share the latest data for Kingston
- We will share the latest key messages - for you to share with your contacts

# Happy New Year 2022!

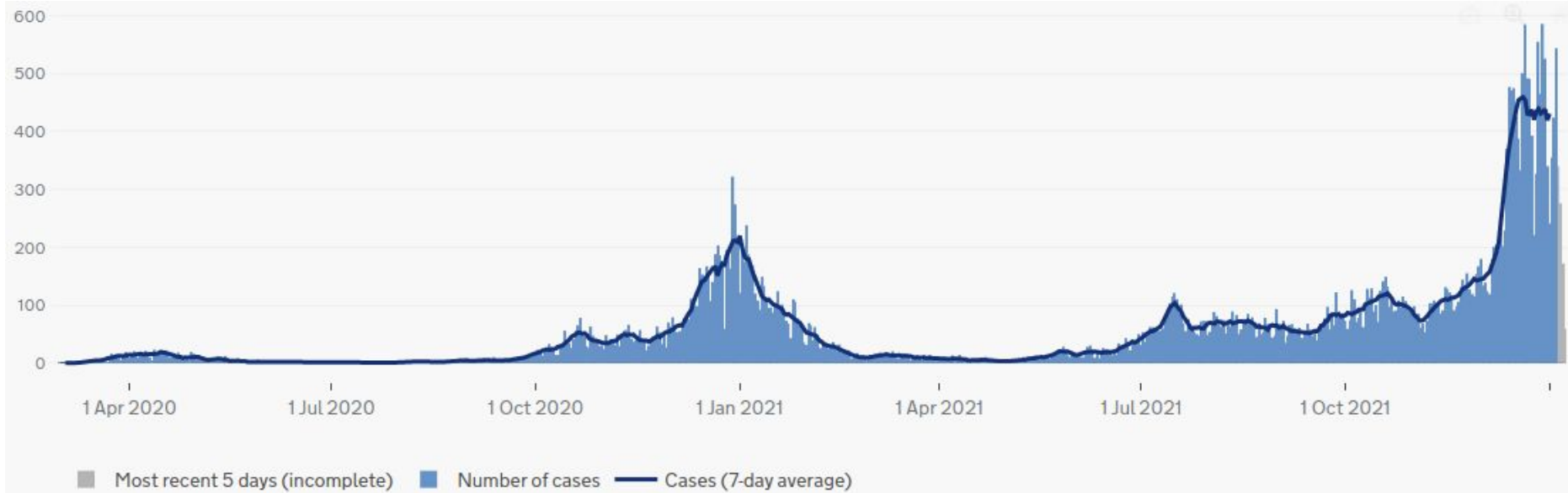


# Let's keep going!

- Push on vaccination promotion
- Push on testing
- Helping residents understand the latest guidance
- Sharing this information so you can help residents to stay safe

What is the data telling us?

# Kingston daily cases at 10/01/22 (full data up to 04/01/22)



21 Dec 2021

Number of cases : 585

Cases (7-day average) : 453.9

29 Dec 2021

Number of cases : 586

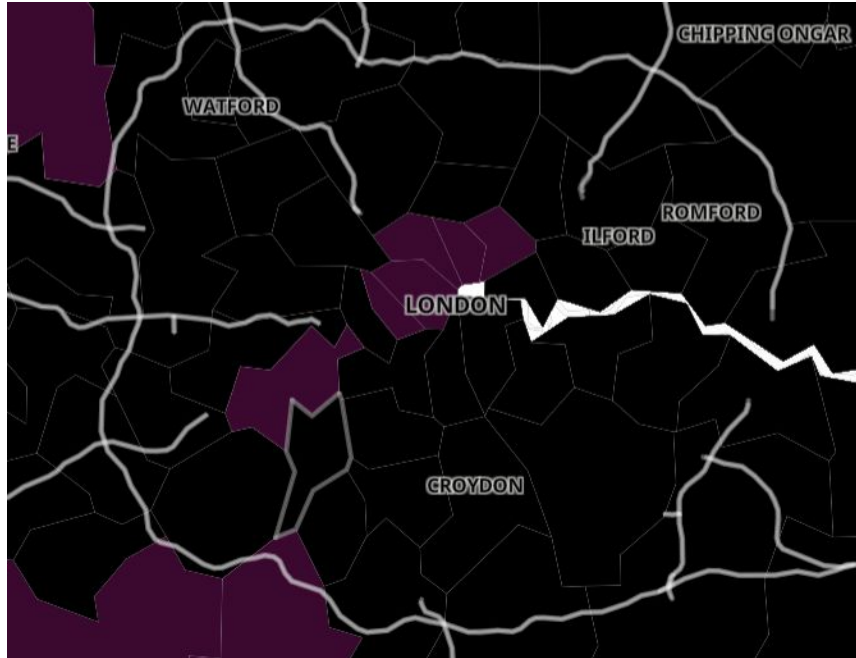
Cases (7-day average) : 434.3

4 Jan 2022

Number of cases : 544

Cases (7-day average) : 427.7

# What is the trend in Kingston for COVID-19?



## Kingston upon Thames

LTLA

Seven days to 04 January 2022

Total cases

**3016** ↑ 72 (2.4%)

Case rate per 100,000 people

**1,683.6**

LTLA rate

- Missing data
- 0 – 9
- 10 – 49
- 50 – 99
- 100 – 199
- 200 – 399
- 400 – 799
- 800 +

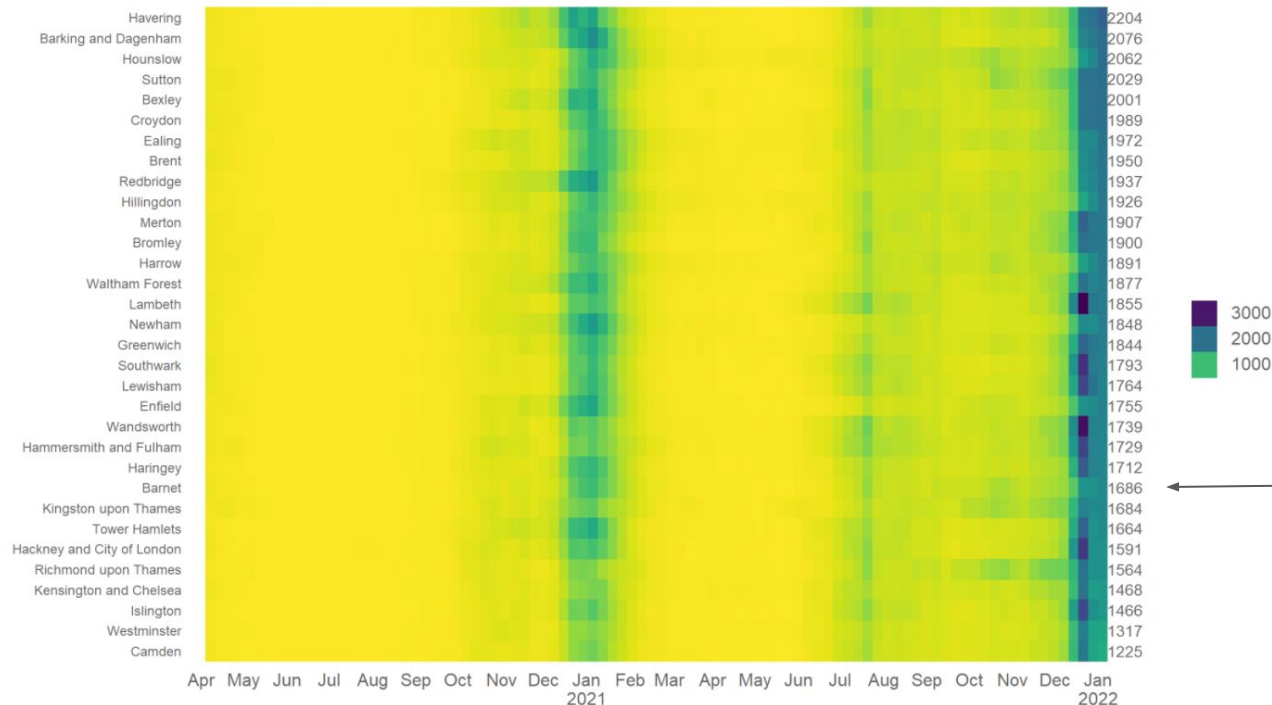


You can check the latest data here: <https://data.kingston.gov.uk/home/coronavirus-dashboard/>

# How does Kingston compare with other London boroughs?

## Weekly case rates per 100,000 population

Most recent complete data for week ending 04 January (case rate shown on right hand column)



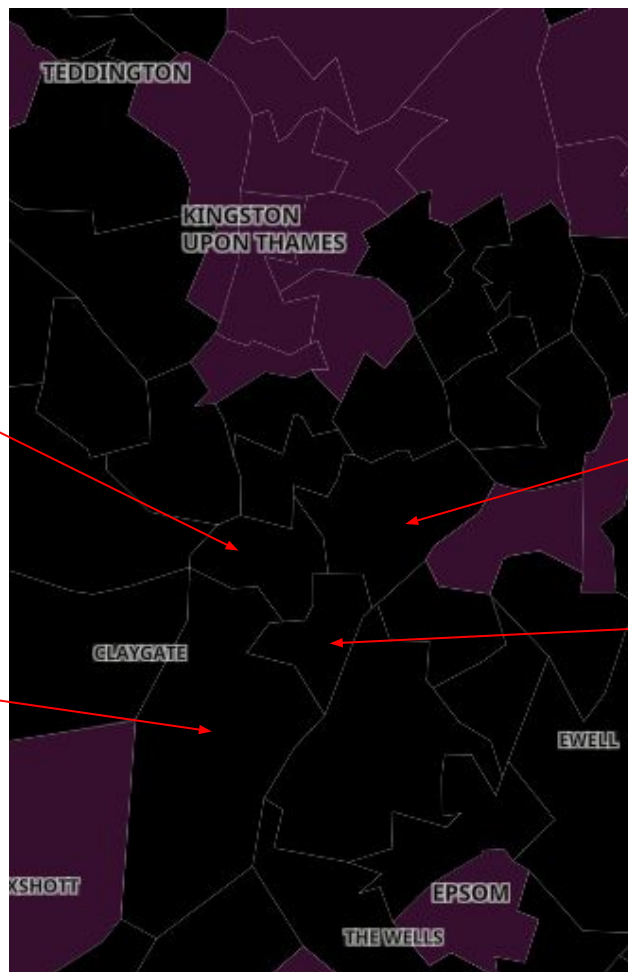
Source: PHE COVID-19 Dashboard

Sorted by case rate in most recent week. Colour scale may change with new data

Graphic by GLA City Intelligence



# Kingston Hot Spots, 04/01/22



## Hook

MSOA

Seven days to 04 January 2022

Total cases

**160** ↓ -7 (-4.2%)

Case rate per 100,000 people

**2,038.5**

## Chessington South & Malden Rushett

MSOA

Seven days to 04 January 2022

Total cases

**187** ↑ 21 (12.7%)

Case rate per 100,000 people

**2,092.2**

## Tolworth

MSOA

Seven days to 04 January 2022

Total cases

**191** ↑ 32 (20.1%)

Case rate per 100,000 people

**2,018.4**

## Chessington North

MSOA

Seven days to 04 January 2022

Total cases

**123** ↑ 14 (12.8%)

Case rate per 100,000 people

**2,031.7**

### Case rate

○ Data not shown

● 0 - 9

● 10 - 49

● 50 - 99

● 100 - 199

● 200 - 399

● 400 - 799

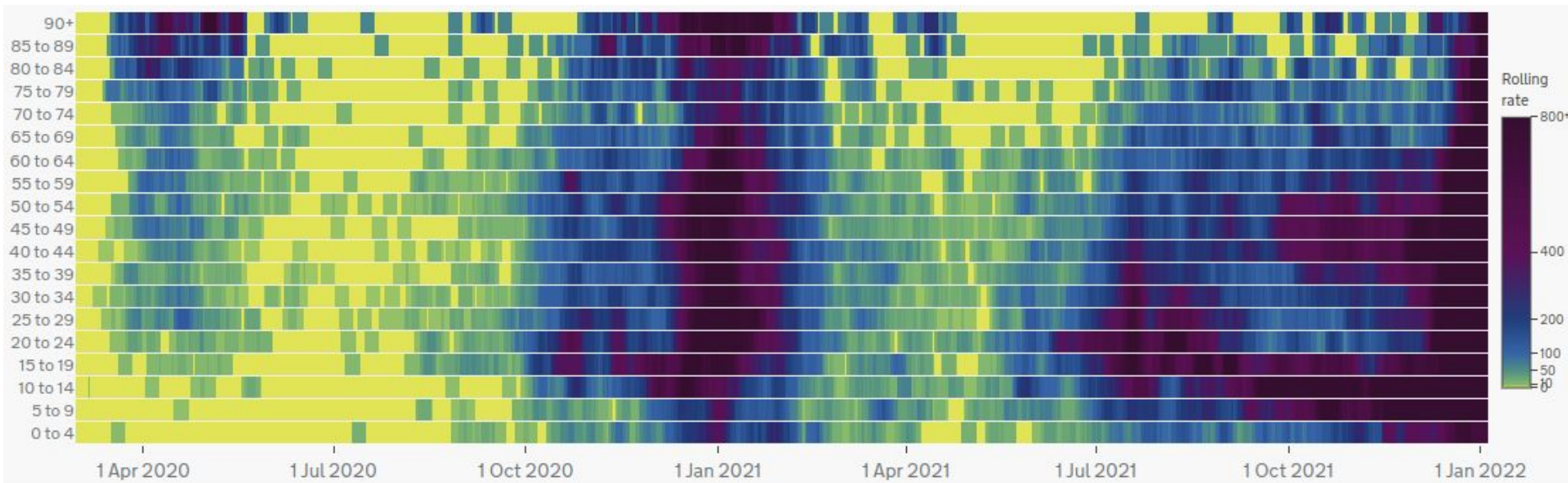
● 800 - 1599

● 1600 +

You can check the latest maps here: <https://coronavirus.data.gov.uk/details/interactive-map>



# Seven day rate per 100,000 population / week, to 5th January 2022, by age group in Kingston



Date: 4th January Age group: 0 to 4 Rolling Rate: 692	Date: 4th January Age group: 5 to 9 Rolling Rate: 1,139	Date: 4th January Age group: 10 to 14 Rolling Rate: 1,449	Date: 4th January Age group: 15 to 19 Rolling Rate: 1,740	Date: 4th January Age group: 20 to 24 Rolling Rate: 2,406	Date: 4th January Age group: 25 to 29 Rolling Rate: 2,584	Date: 4th January Age group: 30 to 34 Rolling Rate: 2,254	Date: 4th January Age group: 65 to 69 Rolling Rate: 1,141	Date: 4th January Age group: 75 to 79 Rolling Rate: 1,246	Date: 4th January Age group: 80 to 84 Rolling Rate: 783
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See the most up to date data on age groups in the public domain: <https://coronavirus.data.gov.uk/details/cases?areaType=Itla&areaName=Kingston%20upon%27thames>

# Admission to hospital rates by age (London)

## Admission rates by age

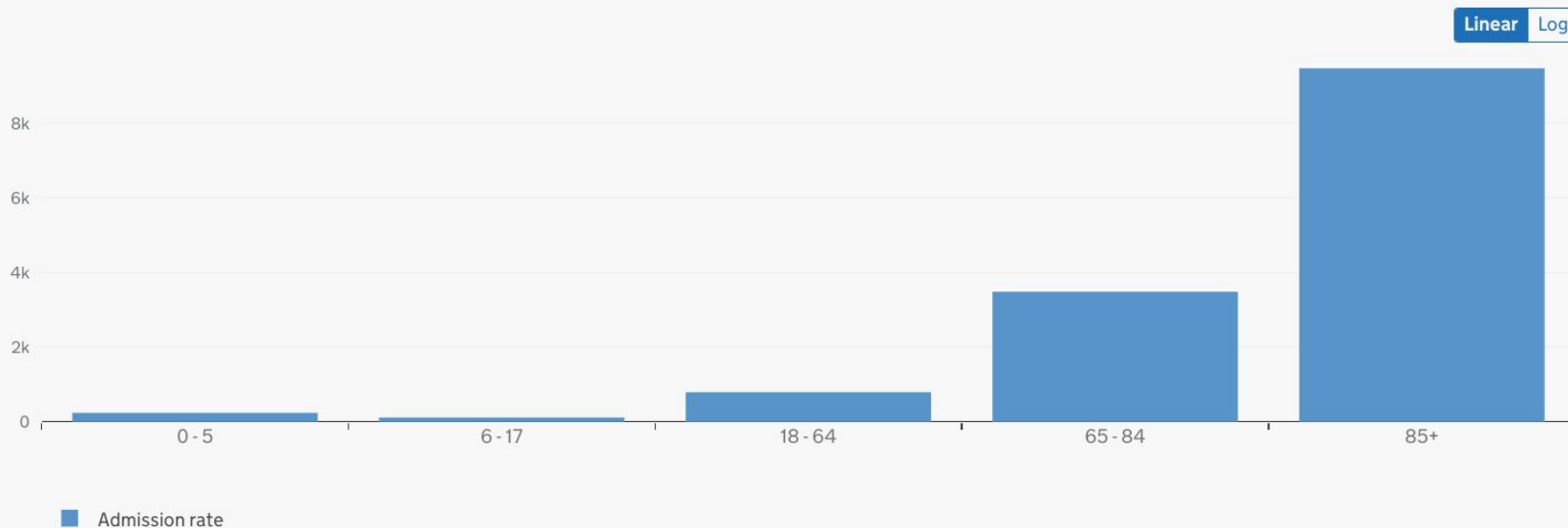
Rates per 100,000 resident population

Age breakdown of people admitted to hospital, shown as the rate per 100,000 people, since the start of the pandemic. There are fewer people in the oldest age group so the rates show the relative impact on different age groups.

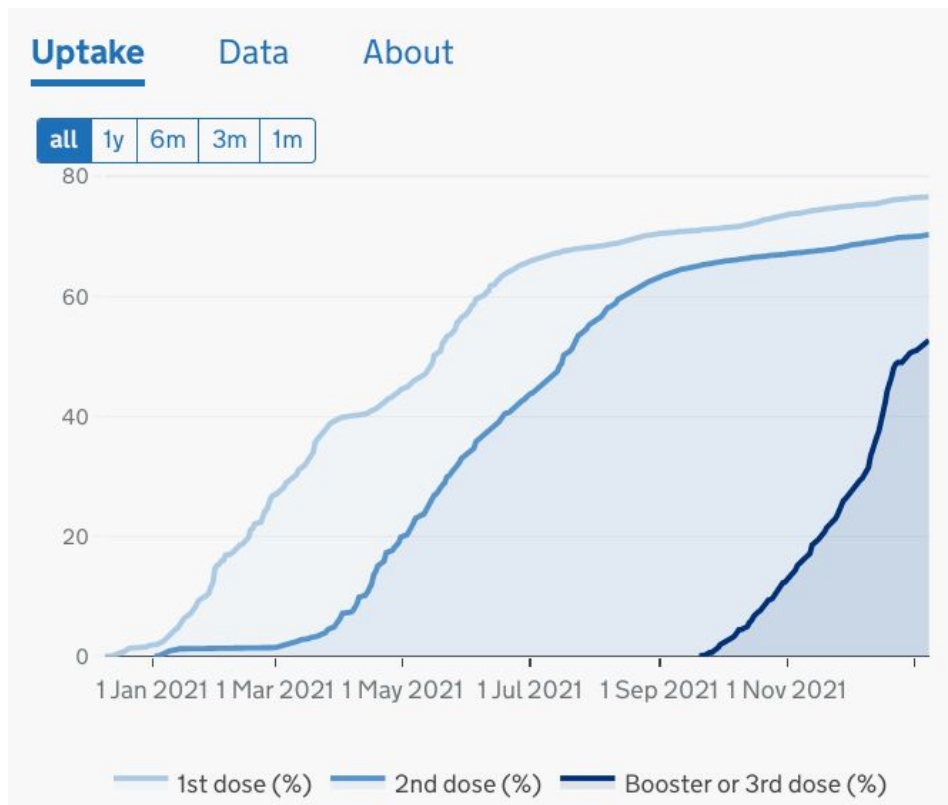
[Chart](#)

[Data](#)

[About](#)



# COVID-19 vaccinations in Kingston up to 4th Jan 2022



1st dose: 76.5%  
2nd dose: 70.1%  
Booster or 3rd dose:  
51.5%

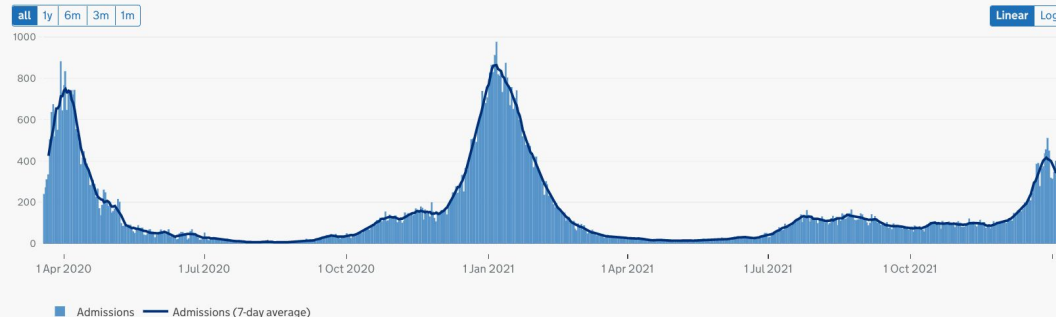
Source of data:  
<https://coronavirus.data.gov.uk/details/vaccinations?areaType=ltla&areaName=Kingston%20upon%20Thames>

# Patients with COVID-19 'admitted to hospital' and patients 'in hospital', up to Jan 6th 2022 London

## Patients admitted to hospital

Daily and cumulative numbers of COVID-19 patients admitted to hospital. Data are not updated every day by all 4 nations (England, Northern Ireland, Wales and Scotland). Figures are not comparable as Wales includes suspected COVID-19 patients while the other nations include only confirmed cases.

Daily Cumulative Data About



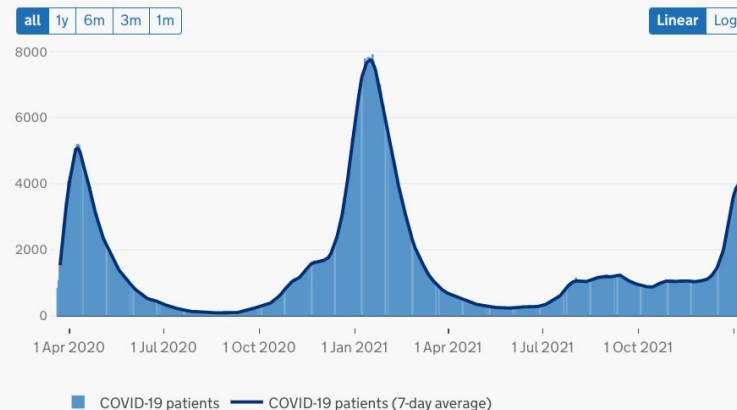
Patients admitted to hospital in London with COVID-19: 367 on 4th Jan 22 (down from 511 on 29 Dec 2021)

Patients in hospital in London with COVID-19: 4,053

## Patients in hospital

Daily count of confirmed COVID-19 patients in hospital at 8am. Data are not updated every day.

Daily Data About



## TESTING and self isolating: Key changes to national guidance that all residents need to know: for people with COVID-19 symptoms or a positive COVID-19 test

- For people with COVID-19 symptoms: those with symptoms even if they are mild, should self isolate and take PCR test as soon as possible
  - For people with COVID-19 shown by a positive 'LFT' (also called LFD or 'rapid' test): From 11th January 2022, do **not** need a confirmatory PCR test (*TEMPORARY CHANGE* - keep checking gov guidance).
  - They should report the LFT test and self isolate following the guidance below.
  - People who are eligible for the £500 Test and Trace Support Payment (TTSP) will still be asked to take a confirmatory PCR if they receive a positive LFD test result, to enable them to access financial support.
- 
- **Please read the guidance here:**  
<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection#household-contacts-who-are-required-to-self-isolate>
  - <https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

# Tested positive for COVID-19? Self isolation changes

- **Change to Stay at Home guidance** Individuals can take a LFD (LFT/ rapid test) test from 6 days after the day symptoms started or the day the test was taken if there are no symptoms, and another LFD test on the following day (day 7).
- The second LFD test should be taken at least 24 hours later. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result.
- **The results should be reported after taking each test.**
- The lateral flow test should not be taken before the sixth day of the isolation period, and isolation should only end after 2 consecutive negative LFD tests which should be taken at least 24 hours apart have been reported.
- Testing can be stopped after the 2 consecutive negative test results.



**Self-isolation rules have changed**

Let's help **keep things moving**

**Tested positive for Covid-19?**  
You can now **reduce the time you self-isolate to 7 days instead of 10**

**How have they changed?**

**From day 6**

From **day 6** of self-isolation take a rapid lateral flow **test every 24 hours**. After **two negative results in a row you can stop self-isolating**, whether you're vaccinated or not.



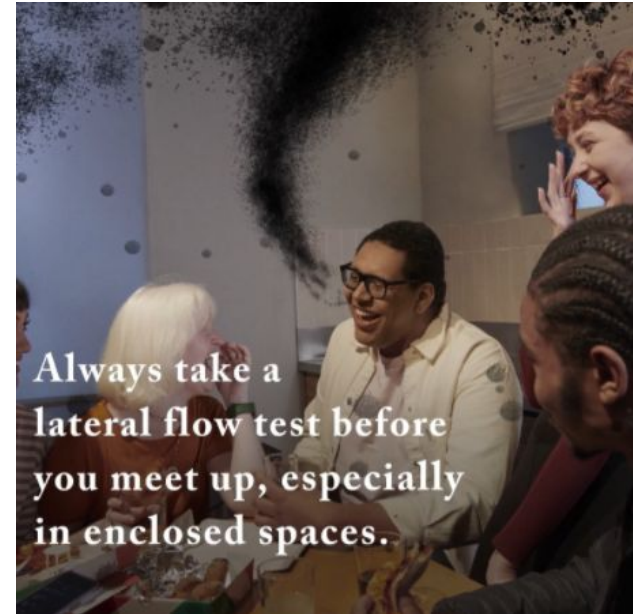
**Why have they changed?**

Our analysis shows that 7 days of self-isolation with 2 negative test results **gives nearly as much protection as 10 days without testing**. This will reduce disruption to everyone's lives.



## Testing for **someone who has been a close contact of someone with COVID-19 (not care or health staff):**

- **Contacts of someone with COVID-19:** Daily lateral flow testing ('LFT'/ LFD testing) for 7 days is advised for those who are fully vaccinated over 18 yr and 6 months and children 5 years to 18 yrs and 6 months, following contact with a COVID-19 case.
  - If positive self isolate,
  - if **symptomatic**, take a PCR test.
- If a close contact is unvaccinated or partially vaccinated and over 18 years and 6 months, they must complete a full 10 days of self isolation and are advised to take a PCR test as soon as possible within the 10 day isolation period.






# Keeping up with regular testing

- Testing regularly increases the chances of detecting COVID-19 when you are infectious but are not displaying symptoms. Free rapid lateral flow tests are available free of charge from Kingston Market House, our mobile test teams, pharmacies or online. See our Kingston testing web pages: <https://www.kingston.gov.uk/covid-19-kingston/testing-contact-tracing>
- Health and social care settings, workplaces and schools have their own specific testing rules and guidance. Follow the guidance if you visit or work in the these settings
- All pupils in secondary schools and staff in schools are advised to continue regular twice weekly lateral flow testing



Around 1 in 3 people with Covid-19 have no symptoms and are spreading it without knowing.   
Keep testing regularly.



**You can get free rapid Covid-19 tests:**  
Online at [nhs.uk/Get-Tested](https://nhs.uk/Get-Tested)  
At most pharmacies  
By calling 119



**Whatever your test result, let us know right away.**  
Including negative and void.  
It's easy, go online at [gov.uk/report-covid19-result](https://gov.uk/report-covid19-result) or call 119

Let's keep life moving.



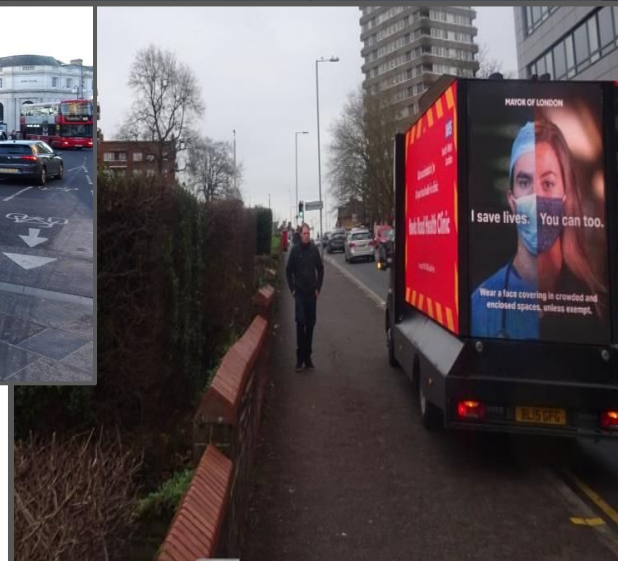
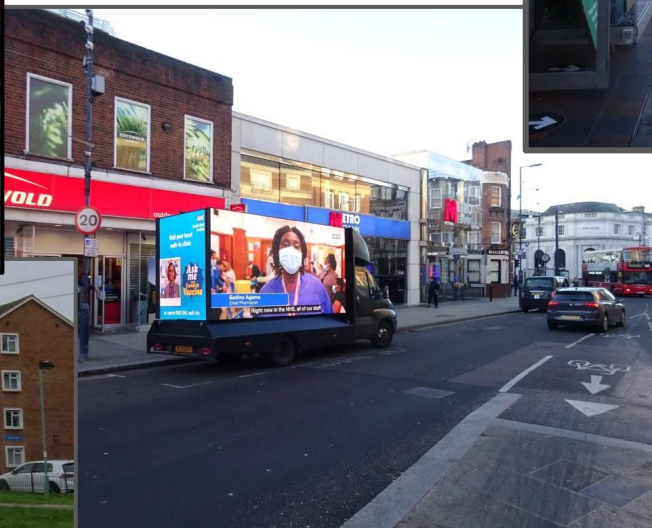
# **Key Communications Messages**

# 2022 New Year Community Messaging





# New Year Community Messaging



# Testing Changes: at a glance.

From 11th January 2022 in England, if you get a positive lateral flow test result:

You will no longer need to take a follow-up PCR test

You should still self-isolate immediately


**This change only affects those with no symptoms**

**If you have symptoms you will still need a PCR test**

You should also register a positive LFT test result


This is a temporary measure while [#COVID19](#) cases remain high

Some exceptions apply. **More details** [here](#).



**FROM 11 JAN**

**IF YOU GET A  
POSITIVE LATERAL  
FLOW TEST RESULT  
YOU WILL NOT  
NEED TO TAKE A  
FOLLOW-UP PCR**



**YOU SHOULD STILL  
SELF-ISOLATE  
IMMEDIATELY**



**YOU CAN LEAVE  
SELF-ISOLATION  
AFTER 7 DAYS**



**IF YOU RECEIVE  
NEGATIVE LATERAL  
FLOW TEST RESULTS  
ON DAYS 6 AND 7**

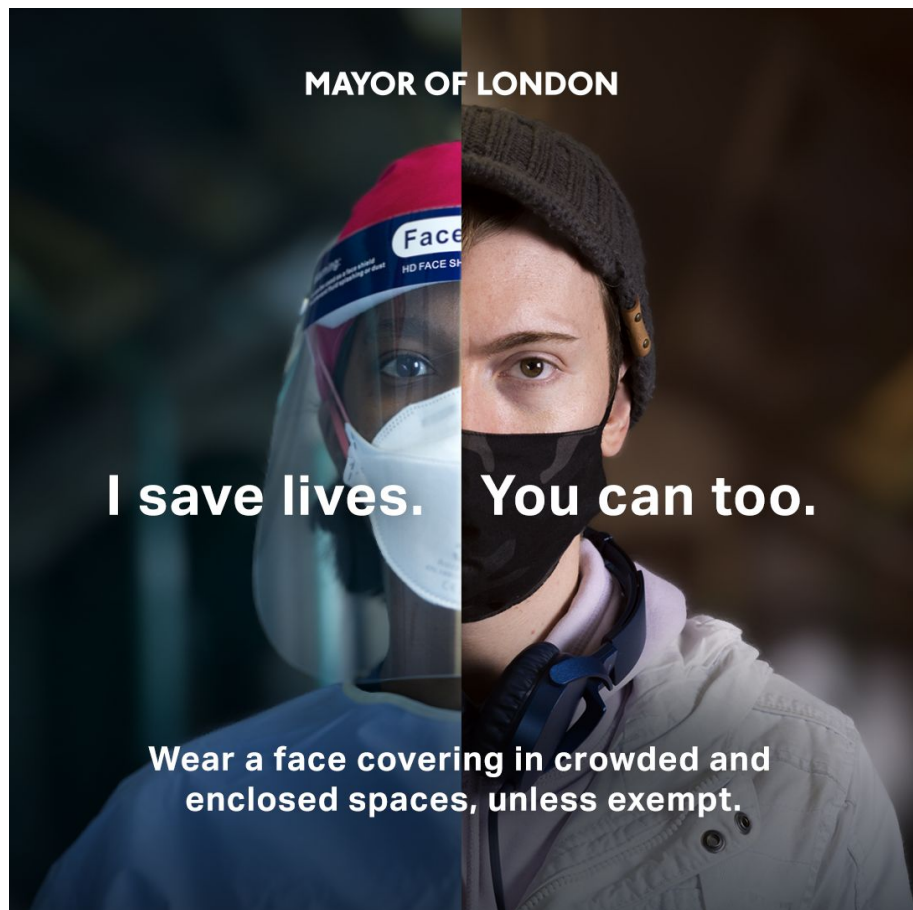


**IF YOU HAVE  
SYMPTOMS  
TAKE A PCR TEST  
AND SELF-ISOLATE  
IMMEDIATELY**





# New Mask Wearing Messaging - please share



# **Covid Behaviours:**

- Good Ventilation
- Social Animations





# **Covid Behaviours:**

- Good Ventilation
- Social Animations



# **Our range of walk-in vaccination clinics continues across Kingston and our bordering boroughs**

Offers change on a weekly basis, but for the very latest, please check at:

**[www.swlondonccg.nhs.uk/covid/where-can-you-get-vaccinated/vaccination-walk-in-clinics/](http://www.swlondonccg.nhs.uk/covid/where-can-you-get-vaccinated/vaccination-walk-in-clinics/)**



South West  
London

**Get vaccinated now**  
**At your local walk-in clinic**

# **Hawks Road Health Clinic**

or search NHS SWL walk-ins

# 12-15 & 16+ Pfizer walk-ins: 7 days, various sessions

## Get your Covid-19 vaccination

### Hawks Road Vaccination Centre, KT1 3EW

- 12-15 year olds Pfizer walk – in clinics:

- 3pm to 6.30pm, Tuesday 11 and Friday 14 January 2022
- 1.30pm to 6.30pm, Wednesday 12 and Sunday 16 January 2022

- 16+ 1st and 2nd doses and 18+ Booster walk – in clinics

- 8.45am to 3pm, Tuesday 11, Wednesday 12 and Friday 14 January 2022
- 8.45am to 5.30pm, Thursday 13 and Saturday 15 January 2022
- 8.45am to 1.30pm, Sunday 16 January 2022

#### Book in for your:

- First dose (16+ years)
- Second dose (18+ years) if you had your first dose 8 weeks ago or more
- Second dose (16-17 years) if you had your first dose 12 weeks ago or more (8 weeks ago if you are at high risk)
- Booster dose (18+ years) and had your second dose three months (91 days ago) or more

**NHS**

COVID-19  
Vaccination Centre

If you can - please  
bring proof of  
age with a driving  
licence,  
passport or photo ID

[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)

Nicola Silverstone, Clinical Supervisor at Hawks Road Vaccination Centre, Kingston

# Boots, Kingston: 18+, Booster vaccinations only

## COVID-19 Pharmacy Vaccinations Moderna walk-in clinic

**NHS**

COVID-19  
Vaccination Centre

### Boots, Kingston

#### Booster vaccinations only

2pm to 5pm Monday 10 January 2022  
9am to 1pm and 2pm to 5pm, Tuesday 11  
to Friday 14 January 2022  
2pm - 5pm, Saturday 15 January 2022  
18+ year olds

Union Street  
Kingston  
KT1 1RP

Walk-in for a booster dose (18+ years) if you had your second dose three months (91 days) ago or more.

[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)





# Pearl Pharmacy, Surbiton: Pfizer & Moderna, 16+

## COVID-19 Pharmacy Vaccinations

Pfizer and Moderna walk-in session

COVID-19 Vaccination and Booster

Pearl Pharmacy, Surbiton

9am to 5pm,

Monday 10 to Thursday 13 January 2022

11-13 The  
Broadway,  
Surbiton  
KT6 7DJ

- First dose (16+ years)
- Second dose (18+ years) if you had your first dose 8 weeks ago or more
- Second dose (16-17 years) if you had your first dose 12 weeks ago or more (8 weeks ago if you are at high risk)
- Booster dose (18+ years) and had your second dose three months (91 days ago) or more

[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)

**NHS**

COVID-19  
Vaccination Centre



# Whitton Corner, Twickenham: 16+ Pfizer walk-ins

## COVID-19 Vaccinations pfizer walk-in clinic

### Whitton Corner Community Centre

16 + and 18+ booster Pfizer  
walk-in clinics:

Monday 10 to Wednesday 12  
January 2022

Whitton Corner  
Community Centre, Percy  
Road, Whitton,  
Twickenham, TW2 6JL

First dose (16+ years)

Second dose (18+ years) if you had your first dose 8 weeks ago or more

Second dose (16-17 years) if you had your first dose 12 weeks ago or more (8 weeks ago if you are at high risk)

Booster dose (18+ years) and had your second dose three months (91 days ago) or more

[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)

**NHS**

COVID-19  
Vaccination Centre





# The Stoop, Twickenham: 12-15 & 16+ Pfizer walk-ins

**Get your Covid-19 vaccination**

**COVID-19 Vaccination and COVID-19 Booster clinics**

**NHS**

COVID-19  
Vaccination Centre

Harlequins Rugby Ground, TW2 7SX

The Stoop, Langhorn Drive, Twickenham

- 16 + and 18+ booster Pfizer walk – in clinics:
  - Monday 10 and Wednesday 12 January 2022, 10.30am to 3pm
  - Tuesday 11, Thursday 13 and Friday 14 January 2022, 10.30am to 5.30pm
  - Saturday 15 January 2022, 10am to 1pm
  - Sunday 16 January 2022, 10am to 3pm
- 12-15 year olds Pfizer walk – in clinics:
  - Monday 10, Wednesday 12 and Sunday 16 January 2022, 3pm to 5.30pm
  - Saturday 15 January 2022, 1pm to 5.30pm
- First dose (16+ years)
- Second dose (18+ years) if you had your first dose 8 weeks ago or more
- Second dose (16-17 years) if you had your first dose 12 weeks ago or more (8 weeks ago if you are at high risk)
- Booster dose (18+ years) and had your second dose three months (91 days ago) or more

If you can - please  
bring proof of  
age, e.g a driving  
licence, passport or  
photo ID

# Teddington: 12-15 & 16+ Pfizer walk-ins

## Get ready, get vaccinated!

### COVID-19 Vaccination Pfizer walk-in sessions

**NHS**

COVID-19  
Vaccination Centre

**Teddington Health and Social Care Centre  
18 Queen's Rd, Teddington TW11 0LR**

**Pfizer vaccination clinic, 12+ 1st and 2nd doses and 18+ Booster walk-ins**

- 9.30am to 5.30pm, Monday 10 to Friday 14 January 2022

Book in for your:

First dose (16+ years)

Second dose (18+ years) if you had your first dose 8 weeks ago or more

Second dose (16-17 years) if you had your first dose 12 weeks ago or more (8 weeks ago if you are at high risk)

Booster dose (18+ years) and had your second dose three months (91 days ago) or more

[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)



# How to stay safe if someone in the household has COVID-19

## For more info:

[www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-to-avoid-spreading-coronavirus-to-people-you-live-with/](https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-to-avoid-spreading-coronavirus-to-people-you-live-with/)

## How to reduce the spread of infection in your home

### Do

- ✓ wash your hands with soap and water often, for at least 20 seconds
- ✓ use hand sanitiser gel if soap and water are not available
- ✓ cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- ✓ put used tissues in the bin immediately and wash your hands afterwards
- ✓ clean objects and surfaces you touch often (such as door handles, kettles and phones) using your regular cleaning products
- ✓ consider wearing a face covering when in shared spaces
- ✓ keep windows open in the room you're staying in and shared spaces as much as possible

**Any questions?**

**Are there any topics in particular you would like to be covered in future sessions? Please put your answers in the chat function.**

If you have any suggestions you can also email

[anna.searight@kingston.gov.uk](mailto:anna.searight@kingston.gov.uk)

Thank you.

Together we can help Keep Kingston Safe



**Let's keep life moving.**



FRESH AIR



TESTING



FACE COVERINGS



APP



HANDWASHING

[gov.uk/coronavirus](https://gov.uk/coronavirus)