**Health and Wellbeing Network: 11 December 2019**

**Updates from KVA:**

* **Staff changes**

Patricia Turner will be retiring from Kingston Voluntary Action at the end of the month. Sanja Djeric Kane has been appointed as the new CEO and will start her role in January 2020.

* **Consultations currently taking place on how Kingston Council and the Voluntary & Community Sector work together better.**

RBK want to ensure every voluntary and community group in Kingston is able to help them prioritise their spending, and shape the structures and processes needed to make this happen.

If you haven’t already contributed to the discussion you can still feedback by submitting your [feedback online](https://kingstonletstalk.co.uk/voluntary-and-community) by January 2020 at <https://kingstonletstalk.co.uk/commissioning-framework-survey>

* **RBK Neighbourhood Community Grants**

Funding is still available especially for services in the South of the borough. The application process is straight forward. To apply visit: <https://www.kingston.gov.uk/info/200169/your_neighbourhood_community_and_safety/152/community_grants_programme/2>

* **South of the Borough Neighbourhood Grants:**

The deadline to apply for the 16th January committee meeting has been extended from 1st December to 18th December. The deadline to apply for the 10th March meeting has also been extended from 1st February to 12th February. These changes should be reflected on the website shortly.

**Presentation 1**:

Health and Care plan updates and plans for ‘Developing Place in Kingston’ (Hannah Keates – Engagement and Qualities Lead, Kingston and Richmond CCGs

Film: <https://www.youtube.com/watch?v=rlsU3v9Zkfk>

**Presentation 2:**

Location, location, location – the Kingston Annual Public Health Report for 2019 – the importance of place in shaping our health and wellbeing and to reducing health inequalities (Katharine Dallas – Health in all Policies Lead Officer atRBK)

**Presentation 3:**

Kingston Residents’ Independent Scrutiny Panel (KRiSP) presentation (David Miller and Jackie Paddon - Panel Members, KRiSP and Kelly Shirley - Policy, Service Development and Partnerships Officer, RBK)

Film: <https://youtu.be/_Y4VrU1cWM8>

* KRiSP are a voluntary group of council tenants and leaseholders who review areas of the housing service and make recommendations for improvement. The group decide on an issue to investigate and then present their findings and a series of recommendations to the Housing and Planning Committee.
* They are looking for new members to join their panel. All members are screened and receive comprehensive training.
<https://www.kingston.gov.uk/info/200227/get_involved_with_your_housing/498/kingston_residents_independent_scrutiny_panel_krisp>

**Updates:**

* **Kingston Adult Education**
	+ Wellbeing and resilience courses are well received in the community and KAE have set up:
		- Inset sessions for schools
		- Course to enable parents to support their children’s wellbeing
		- Pilates courses as follow on from the Better Bones service
	+ KAE are looking for free/ low cost venues for their Cook and Eat course
	+ KAE will be moving to Guildhall in 2020
* **Healthwatch**
	+ Continuing with Enter and View in Kingston Hospital
	+ Working with psychology department at Kingston University to explore transition of individuals from child to adult mental health services
	+ Working with the Staywell Community Connectors and Connected Kingston to seek user feedback on these services
	+ Open meeting on Monday 16 December
* **Kingston Carers Network**
	+ Received funding for older carers
	+ Vacancies at KCN
	+ AGM on Friday 13 December
* **Hestia**
	+ Secured space at Millenium House in Kingston Town Centre
	+ Currently running:
		- Mindfulness
		- Yoga
		- Counselling offered to any Kingston resident for up to a year – clients can self-refer
		- Robotics
	+ Activities are free or kept to £2.50 a session.
	+ If you have a course or workshop you would like to deliver and need a venue Hestia can provide the space but ask that their members can participate, contact Million Joseph at million.joseph@hestia.org for more information.
* KVA
	+ Connected Kingston
		- Updated training offer if you would like to have Champions training contact info@connectedkingston.uk
		- Produced a step by step guide on how to add a service - If you would like a copy please email info@connectedkingston.uk
		- Working alongside Staywell to promote the Community Connectors service within GP surgeries
	+ Food Insecurity Group
		- Has been renamed Good Food Group
		- To get involved speak to gurpreet.keila@kva.org.uk
		- Priorities include:
			* Holiday Food Provision
			* Increase in Healthy Start Voucher uptake
			* Increasing awareness of VCS offer available to prevent or respond to food insecurity
			* Looking at food distribution within the borough

**Action Log**

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| **Action**  | **Lead** | **Response** |
| With the change in staffing at RBK organisations would like to know who the right people are to speak to within the council eg who is my commissioner  | KVA to research this |  |
| Share findings and toolkit from SWL mental health and wellbeing pilot  | Hannah Keates, Kingston and Richmond CCG |  |
| Question asked during the Health and Care plan updates and plans for ‘Developing Place in Kingston’: In developing an integrated comms and engagement approach to supporting the delivery of the Health & Care Plan, what do you think would be important in that approach? | Everyone to feedback and information to go into KVA newsletter |  |
| More detail required about Health and Care Plan: Who leads on the plan and does the body have the power and resource to deliver the plan? How will actions be tracked and reported? | Hannah Keates, Kingston and Richmond CCG |  |
| What changes will the VCS see from Jan-April as place develops in Kingston? | Hannah Keates, Kingston and Richmond CCG |  |
| Are there any changes to the Out of Hours GP service over Christmas?  | Hannah Keates, Kingston and Richmond CCG | There will not be any changes to the GP OOH service over the Christmas period. This is not being promoted as the service is contracted to stay the same throughout the year. |
| KRiSP are looking to recruit volunteers please circulate the link and video above to your service users  | Health and Wellbeing Network members and information to go into KVA newsletter  |  |
| KAE are looking for free/low cost venues for their Cook and Eat courses. If you have a suitable venue contact annette.brown@kingston.gov.uk | Health and Wellbeing Network members and information to go into KVA newsletter  |  |
| Hestia looking to run more activities they can provide a free venue but ask that their members can participate, email million.joseph@hestia.org for more information.  | Health and Wellbeing Network members and information to go into KVA newsletter |  |
| If you have a service that supports health and wellbeing to individuals in the Kingston borough you can add this to Connected Kingston via the following link: or contact them at info@connectedkingston.uk | Health and Wellbeing Network members |  |