

KVA - Health and Wellbeing Network Meeting  
'Get Winter Ready'

3rd October 2023

# COVID-19 and Flu Vaccination Programme 2023/24

- Autumn flu and COVID-19 vaccination programmes **commenced** in England on **11/09/2023** earlier than planned
- Precautionary measure following the identification of a new Covid variant BA.2.86
- Adult care home residents, the housebound and those at highest risk are being offered vaccination first and all residents to be vaccinated before **22/10/2023**
- Anyone eligible for the COVID-19 autumn booster can book via the [NHS website](#), by downloading the NHS App, or by calling 119 for free if they can't get online
- COVID-19 and flu pop up clinics organised for Kingston Library, Kingston Hospital (Out Patients) & St Joseph's Catholic Church New Malden. Kingston University pop up for eligible staff. Other in locations to be confirmed.
- [Find a walk-in COVID-19 vaccination site - NHS](#)
- Flu and COVID-19 to be co-administered where possible
- We are urging eligible people to come forward for their jab as soon as they are invited by NHS England



[Get Winter Strong: why having a flu vaccination matters - UK Health Security Agency](#)  
[UKHSA winter briefing](#)  
[BA.2.86 variant - UK Health Security Agency](#)

# NEW Cold Weather Guidance

New cold weather guidance has been published to support the UKHSA's [Adverse Weather and Health Plan](#):

- [Cold weather and health: guidance and advice](#) - this information helps to prevent the major avoidable effects of cold weather on health
- [Cold weather and health: supporting vulnerable people](#) - this information aims to assist healthcare professionals in protecting vulnerable people from the health impacts of cold weather in England
- [Cold weather and health: action cards](#) - the Cold-Health Alert (CHA) action cards summarise suggested actions to be taken by different professional bodies and organisations in the event of cold weather
- [Keeping warm and well: staying safe in cold weather](#) - advice on staying well in cold weather, covering issues such as financial help, healthy lifestyle, flu vaccinations and heating
- The Heat-Health Alerting system is still in place until 30 September
- The Cold-Health Alerting system will start from 1 November and end 31 March. [You can register to receive the Weather Health Alerts via email](#). If you registered for heat alerts earlier in the year you do not need to re-register to receive the cold weather alert

