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Kingston Digital Health Hub is a community-based training project run by Superhighways. We help improve the digital skills of residents to

1. Research reputable health information sites – like the NHS website
2. Use online transactions like booking a GP appointment booking online
3. Access their medical records via the NHS app.

**There are three ways for you to refer residents, clients and even family to the project**

**1. Using Connected Kingston**

You can refer anyone who lives in Kingston to the Kingston Digital Health Hub through Connected Kingston. We will follow up with a chat to find out what they want to learn. We can offer up three one to one training sessions. These are currently delivered via zoom or a video call. Link <https://www.connectedkingston.uk/services/kingston-digital-health-hubs>

**2 - Email or phone referral**

Contact Philippa Leary – 020 8255 8040 email philippaleary@superhighways.org.uk

**3 - Group presentation NEW**

Recently we started delivering a one-hour session focusing on exploring the NHS website with questions and answers. These informal health sessions are going, and you are welcome to contact us to arrange a session. Our aim after each session is to offer one to one skills training and get everyone to try one course on the [Learnmyway online learning platform](https://www.learnmyway.com/).