

**COME ALONG TO** 

## KINGSTON'S AGE FRIENDLY LEISURE AND ACTIVITIES FAIR

Th

**24 OCTOBER 2024** 

10.00am - 12.30pm

The Guildhall Council Chamber, KT1 1EU





## It's free and everyone is welcome!

Join us to meet with local clubs / groups and discover more about the wide range of classes and activities available near you.

There will be light refreshments and a chance to chat with leisure providers.

We encourage the use of public transport as there is limited parking near the venue.

## Whatever your age and ability, there's something for you

For more information on how to stay active and connected - go online to

ConnectedKingston.uk/collections/gentle-exercise

En Connected Kingston

Making links, connecting communities

If you are not able to access Connected Kingston online or require further help - you can contact us by telephone 020 8255 3335 or email info@connectedkingston.uk



