

Connected Kingston

The development of a system-wide social prescribing model in Kingston - progress so far

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Connected

Kingston



Connected



- Multi-Partnership Self Care Board led this - becoming the Connected Kingston Steering Group
- Commissioned external support from Sian Brand, Connect Well Mid-Essex, to share learning & expertise
- Utilised funding from the Ministry Housing, Communities & Local Government for 'Trailblazer funding' to reduce homelessness: co-develop a web-based platform for information, advice, referral



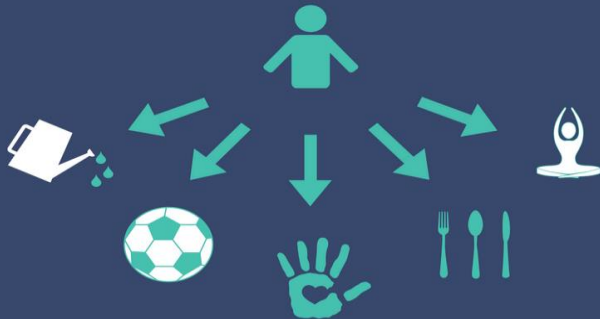
What is Connected Kingston?



What is Connected Kingston?

Connected Kingston aims to help Kingston residents improve their health and wellbeing by connecting people to local services and activities.

There are a wide range of services and activities taking place across the borough including social and leisure activities, self-help groups, lunch clubs, practical and emotional support and more. Connected Kingston will help you to find them.



A borough-wide social prescribing programme, linking people up with local initiatives, assets, community activities available to them

For everyone, across all ages

Particular target groups will include those where we can make the biggest difference, for example people who are socially excluded, lonely or disadvantaged in some way

<https://www.facebook.com/ConnectedKingston>

ⓘ This is a brand new website which we are continuing to work on – [your feedback](#) will help us improve it.

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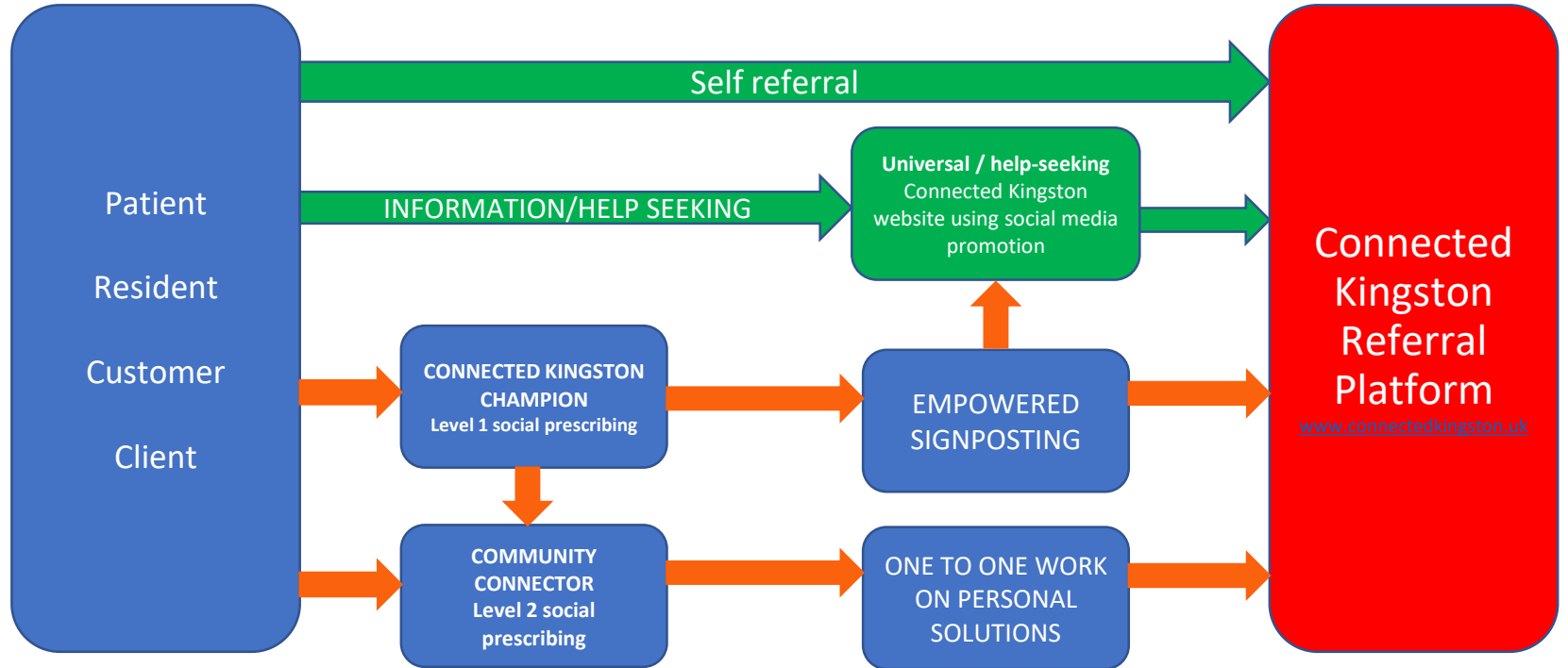
More options
▼

Connected Kingston Key Elements

- ✓ **Any person** living in Kingston can access social prescribing opportunities across the borough
- ✓ Staff in organisations that have a support/signposting role can be trained as **Connected Kingston Champions**
- ✓ They will facilitate **empowered signposting** with people & connect them to help and support across Kingston using the co-designed Connected Kingston digital referral platform (www.connectedkingston.uk)
- ✓ They will not be expected to case manage people with higher needs and their social prescribing journey. All complex and vulnerable people will be referred to **Community Connectors** for one-to-one support
- ✓ A pilot is underway with 6 Community Connectors working as a team, currently based within **Staywell**. They all have appropriate training to provide more intensive social prescribing support . They can work with people for up to **six sessions on a one to one basis**



Referral Pathway for Connected Kingston



Training Update

171 people have undertaken core face-to-face training

Healthy Conversations E-Learning module

30 have gone on to complete the 'healthy conversations' module on Evolve (based on the Making Every Contact Count model).

Referrals are beginning to be made via the website

Connected Kingston Champions

The criteria to become a Connected Kingston Champion is: core face-to-face training + on-line healthy conversations module + make a referral via the website = Metal Pin Badge Award.



Primary Care



- ✓ All **GP practices** will have the opportunity to train staff to use Connected Kingston referral platform
- ✓ Connected Kingston complements **active signposting & care navigation** (GP Forward View)
- ✓ Connected Kingston will integrate with all **Multi-Disciplinary Teams** (Kingston Coordinated Care teams)
- ✓ Community Connectors will **measure improvement in health outcomes** of their caseloads
- ✓ A person **doesn't need to come to a GP Practice** to access Connected Kingston
- ✓ People are able to **self-refer** to services via the Connected Kingston website
- ✓ **Leaflets & business cards will be available** to hand to patients plus **digital screen messages in waiting room**

Social prescribing in the news



Publication of the 10 year plan for the NHS included a focus on personalised care, and social prescribing as part of this, which is great news!

These plans have featured in several news stories over the past few weeks:

[Pulse](#)

[GP Online](#)

[BBC](#)

[The Telegraph](#)

[Daily Mail](#)



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Health

More 'social prescribers' to ease pressure on GPs

28 January 2019

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Arif was diagnosed with pre-diabetes and joined an exercise club to lose weight

The number of workers trained to prescribe social activities, like exercise

Top Stories

- Hundreds of schools shut after snow**
Road, rail and air travel are also affected after snow fell across parts of England, Wales and Scotland.
59 minutes ago
- Latest as more snow due to hit UK**
6 hours ago
- Baby abandoned in bag in freezing park**
2 hours ago

Features



The long ordeal of Asia Bibi

Governance

- ✓ Connected Kingston Steering group oversees the development & expansion of the programme. It will work with local NHS colleagues to see the programme become embedded in Kingston
- ✓ Focussed sub groups for: training, communications, evaluation, workforce development
- ✓ All sub groups report in to the Steering Group
- ✓ Steering group reports to the Kingston Coordinated Care Partnership Board which in turn reports to the Health & Wellbeing Board

Kingston Voluntary Action



- ✓ Will host and manage Connected Kingston programme
- ✓ Organise training and keep records
- ✓ Add new providers and manage the referral platform
- ✓ Promote Connected Kingston
- ✓ Provide capacity building & community development support



National Social Prescribing Day

