

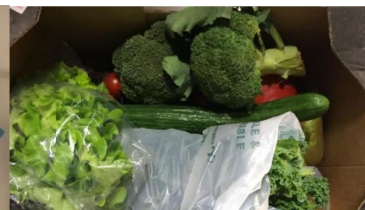
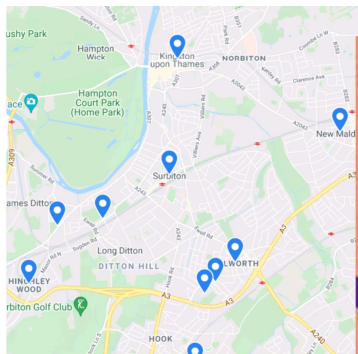
## Community Action in Kingston During Covid

Thank you for everything  
you have done and  
continue to do.



Kingston Stronger Together

# Kingston during Covid



**DO YOU KNOW SOMEONE WHO IS SELF-ISOLATING?**

We are offering help & support for those who need it!

☎ 07730645147  
☎ 07592402074  
✉ [mutualaid.kingston@gmail.com](mailto:mutualaid.kingston@gmail.com)

Facebook: Kingston & Surbiton COVID-19 Mutual Aid



## News

25th April 2020

## The remarkable story of Sewing 4 Kingston during coronavirus



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# What we can learn

- The importance of being local – informal groups are often hyper-local
- Flexibility and adaptability
- ‘Difficult to reach’ – people like being helpers not helped.
- People have good instincts



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# What we can improve

- Stress and impact on coordinators
- Diversity and equality



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# What Kingston needs



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# What Kingston needs

Kingston's population

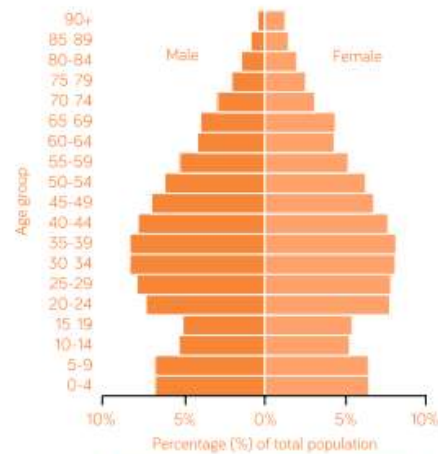


Figure 1: Kingston's population pyramid  
Source: ONS 2016 mid-year estimates



Figure 5: Life expectancy gap in Kingston (2014-16)  
Source: Public Health England

- 176, 107 people living in the borough (209,515 registered with Kingston GP practices)
- Young population, with a median age of 36.2 years
- Projected to grow by 9% between 2017-27, with more very old (over 90 years)
- One third (31%) are from Black, Asian and Minority Ethnic backgrounds
- Last years of life are lived with disability for an average of 12.7 years for men and 15.2 years for women

- Child poverty - **13.9%**
- Projected to grow by 9% between 2017-27, with more very old (over 90 years)
- Black, Asian and Minority Ethnic backgrounds - **31%**
- Overcrowded households - **6%**
- 65+ living alone - **4%**
- Residents exposed to illegal levels of air pollution - **2.2%**

Source Kingston's Health and Care Plan 2019-2021



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Thank you again! We're really looking forward to hearing your ideas.



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