Welcome: Session 49 (08/08/22)

- Thank you for joining us
- We are grateful for the support of the community sector working in partnership with us to share messages with the residents of Kingston
- We need every resident to know what they can personally do to keep themselves safe and that way also help Kingston to be safe as a whole
- Today we will share the latest data for Kingston likely the last for the moment with this level of detail
- We will share the latest key messages for you to share with your contacts
- We'll also be adding in some new messages about opportunities for residents to stay healthy while we have COVID-19 in the borough
- We are going to have a new focus on supporting vaccination for those who may have been left behind

What is the trend in Kingston for COVID-19?



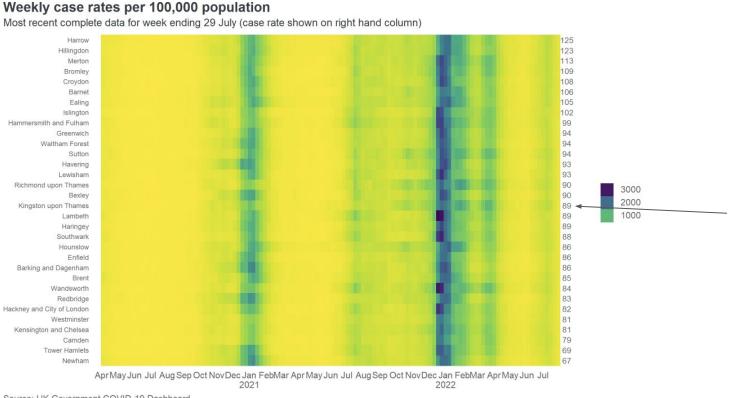
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Date	Rate					
01/07/2022	266.8					
08/07/2022	335.5					
15/07/2022	289.2					
22/07/2022	155.7					
29/07/2022	89.3					

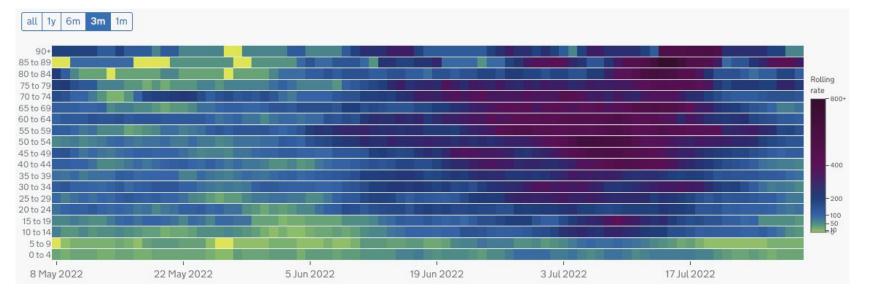


You can check the latest data here: https://data.kingston.gov.uk/home/coronavirus-dashboard/

How does Kingston compare with other London boroughs?



Source: UK Government COVID-19 Dashboard Sorted by case rate in most recent week. Colour scale may change with new data Graphic by GLA City Intelligence Seven day COVID-18 rate per 100,000 population / week, to 29th July 2022, by age group in Kingston (Free community testing ended 01/04/22)



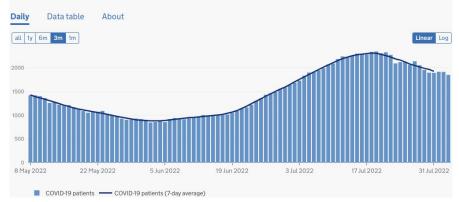
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See the most up to date data on age groups in the public domain: https://coronavirus.data.gov.uk/details/cases?areaType=Itla&areaName=Kingston%20upon%27thames

What is the London hospital data showing?

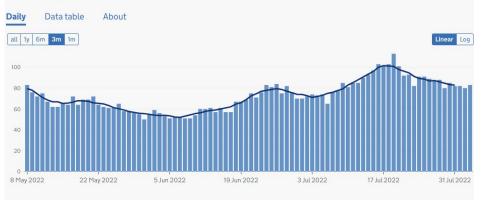
Patients in hospital

Daily count of confirmed COVID-19 patients in hospital at 8am. Data are not updated every day.



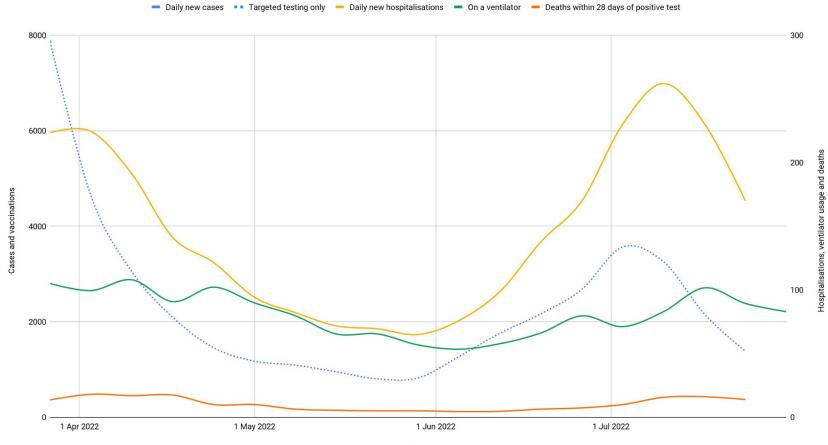
Patients in mechanical ventilation beds

Daily count of COVID-19 patients in mechanical ventilation beds, and 7day rolling average. Data are not updated every day.



COVID-19 patients — COVID-19 patients (7-day average)

See the latest London data here: https://coronavirus.data.gov.uk/details/healthcare?areaType=nhsRegion &areaName=London



Covid-19 cases, hospitalisations and deaths in London (seven day average)

Coronavirus Infection Survey Pilot (05/08/22)

(estimating the proportion of people in the community with COVID-19, and those newly-infected)

Key estimate at national level:

- → 3.86% (4.83% last week, and 5.77% the week before) of the community population in England estimated to have had COVID-19 at any given time between 20th July and 26th July 2022.
- → This equates to 6,120, or approximately 1 in 27, Kingston residents with COVID-19
- → 6,120 positive tests in Kingston would equate to a rate of 3,471 per 100,000 population

Regional (London) estimate:

- → 4.25% (4.89% last week, 6.24% the week before) of the community population aged two and over in London estimated to have been infectious for COVID-19 on 23rd July 2022
- → This equates to 6,738, or approximately 1 in 25, Kingston residents with COVID-19
- → 6,738 positive tests in Kingston would equate to a rate of 3,822 per 100,000 population

You can see more about the ONS survey here:

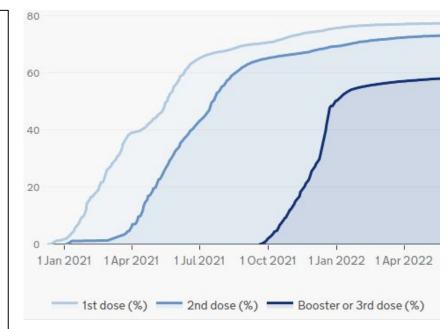
https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/conditionsanddiseases/datasets/coronaviruscovid19infectionsurveydata

Vaccination:

Our range of walk-in vaccination clinics continues across Kingston and our bordering boroughs - it really has never been easier

Offers change on a weekly basis, but for the very latest, please check at:

www.swlondonccg.nhs.uk/covid/wherecan-you-get-vaccinated/vaccination-wal k-in-clinics/



Latest total percentage of people aged 12 and over who have received a COVID-19 vaccination, by dose. 1st dose: 77.3% 2nd dose: 73.6% 3rd dose or booster: 58.7%

Kingston Vaccination data for the 2nd August 2022 (latest available) Source: https://coronavirus.data.gov.uk/details/vaccinations?areaType=Itla&areaName=Kingston%20upon%20Thames

Key Behaviours Messaging

Please share



Living with COVID-19: 5 things you can do to help protect yourself, your family and your community.

Swipe left to find out...





Get vaccinated

to reduce your risk of becoming seriously ill...





If you feel unwell and have flu-like or COVID-19 symptoms and a high temperature **avoid close contact** with others and **stay at home** if you can...





Let in **fresh air** when you meet others indoors, especially if they're at high risk from COVID-19...





Wash your hands regularly and cover your mouth and nose if you cough or sneeze...





Wear a **face covering** in crowded and enclosed places and when coming into contact with people at higher risk from COVID-19.

| | UK Health | Security | Agency

How to reduce the spread of infection with the people you live with if you have COVID-19.

If you have COVID-19, there is a high risk that others in your household will catch it from you. There are several things you can do to reduce the spread of infection in your household.

 Limit close contact with others. Spend as little time as possible in communal areas.



5 Use a face covering if you need to spend time in shared spaces.



- 2 Regularly clean frequently touched surfaces and shared rooms like kitchens and bathrooms.
- 3 Wash your hands regularly using soap and water, particularly after coughing and sneezing.



Get help where possible from those you live with. Ask for help with cleaning and being brought food safely to avoid unnecessary contact.



Catch coughs and sneezes in disposable tissues and put them straight in the bin.





Crown copyright 2021

Come for a chat





Visit your local vaccine walk-in clinic or call 0203 880 0388* to speak to a member of staff *charges may apply

www.swlondonccg.nhs.uk/covid-walk-in

Covid Vaccine Clinics update

Please note recent changes have been made to Kingston's walk-in clinic offer:

- Surbiton Library is **no longer** a vaccination walk-in site
- Library walk-in opening times have changed, and now run from 1-4:30pm
- Please be sure to check the CCG website for the latest and most up to date walk-in schedules: <u>https://swlondonccg.nhs.uk/covid/vaccination-walk-in-clinics/</u>
- Don't forget to check walk-in details at locations in neighbouring boroughs also, as these are often helpful to people who live on borough borders or work in the surrounding area.

Latest Covid Social Media Assets



COVID-19 is spreading this summer.

Choosing to wear a face covering in crowded and enclosed spaces can help to keep everyone safer.



Meeting friends or family?

Meeting outdoors is safer. If you meet indoors, let fresh air in.



Meeting friends or family?

Meeting outdoors is safer. If you meet indoors, let fresh air in.

Health Key messages



The best way to prevent polio is to make sure your child has had their:

f 6-in-1 vaccine at 8, 12 and 16 weeks old
f 4-in-1 pre-school booster at 3 years, 4 months old
f 3-in-1 teenage booster at 14 years old

Check their red book or speak to your GP. <u>https://www.nhs.uk/conditions/polio/</u>



The polio vaccine is safe and effective and is given when your child is:

- ➡ 8, 12 and 16 weeks old
- ➡ 3 years, 4 months old
- ➡ 14 years old

If you think your child has missed a vaccine, check their red book or speak to your GP.

https://www.nhs.uk/conditions/polio/



Immunisation helps to protect you and your child from disease.

Anyone who has missed their routine vaccinations should make an appointment at their GP practice to catch up.

Is your child aged 1-5? Make sure to take them for both doses of their MMR vaccine. Missed an appointment? It's not too late – contact your GP to rebook. For more information visit nhs.uk/MMR



Immunisation helps to protect you and your child from disease.

Infants who are 1 year of age need their 1 year booster immunisations and their MMR to protect them from measles, mumps and rubella. Delaying vaccination increases the risk of catching serious diseases.



If your child is due to have had two doses of MMR but has not yet received them, it's not too late, contact your GP practice to get them vaccinated as soon as possible. **nhs.uk/MMR**



Getting back together

Mixing and spending time with groups of friends, going to parties, festivals and concerts means you are more at risk of infectious diseases.

Missed your free routine MMR, teenage booster, HPV or MenACWY vaccines at school? If you have left school contact your GP practice to make an appointment to catch up. Don't let infectious diseases spoil your summer.



Vaccines save lives. Visit NHS.UK to find out www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them



Childhood immunisations

- Encourage all families/carers to check that they and their children are up to date with their vaccinations and catch-up if they are un/under vaccinated.
- Any new families/carers with a particular emphasis on arrivals to the borough (including new migrants, asylum seekers and refugees), should be advised to register with a GP so the practice can bring them up to date with the UK schedule at the earliest opportunity
- Encourage anyone who is not registered with a GP to register with a GP

Take a quick survey about childhood vaccinations, and enter a prize draw to win a £100 voucher.

Help us to understand your views about childhood vaccinations

Are you a parent or a carer of someone under 5? Let us know

what you think!

Compete our survey for a chance to win a £100 voucher

NHS

London

South West

Click here to take the survey

Keep your family up to date with their routine vaccinations

NHS

Promoting Kooth to support young people's mental health around exam results



Exam Results Day

Whatever happens, we'll be by your side. Find support on **kooth.com** today

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Kooth <u>www.kooth.com</u> is a free, safe and anonymous place for young people to find online support and counselling.

Call to action: share the following messaging

Taking A level or GCSE exams and waiting for results can be a stressful time for students. If you are feeling anxious or worried about your exam results, Kooth are here to help.

Visit Kooth.com for FREE support and advice.

#Alevels2022 #GCSEs2022 #Resultsday

Further SWLondon Integrated Care System assets for this and other campaigns can be found at https://www.southwestlondonics.org.uk/campaigns/

Thank you.

Together we can help Keep Kingston Safe

