



NHS

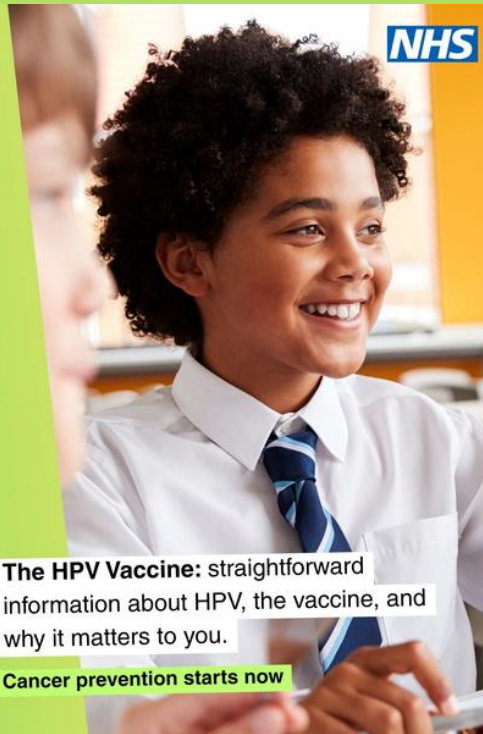
**One jab.
Long-term protection.**

Why is the HPV vaccine important?
HPV is the human papillomavirus which can cause different types of cancer.

The HPV vaccine helps protect boys and girls from this virus.

To learn more about how the HPV vaccine can protect you against cancer, ask your school or immunisation nurse.


Vaccinations will be taking place in your school this term.



NHS

The HPV Vaccine: straightforward information about HPV, the vaccine, and why it matters to you.

Cancer prevention starts now



NHS

**One jab.
Long-term protection.**

Why is the HPV vaccine important?
HPV is the human papillomavirus which can cause different types of cancer.

The HPV vaccine helps protect boys and girls from this virus.

To learn more about how the HPV vaccine can protect you against cancer, ask your school or immunisation nurse.

Vaccinations will be taking place in your school this term.

The HPV Vaccine & Young People Community Grant Programme

What this presentation will cover

Human papillomavirus (HPV) is a very common virus that can cause several types of cancer. The HPV vaccine is a safe and highly effective way to protect young people from HPV before they are ever exposed to the virus.

This webinar outlines key information about the HPV vaccine, as well as information about how to raise awareness about the vaccine.

This webinar covers:

- **What HPV is and how the vaccine works**
- **How the virus affects the body**
- **Common myths and misconceptions**
- **Frequently asked questions**

#HPVVaccine
#OneJabLongTermProtection

HPV: What you need to know

What is HPV?

HPV (Human Papillomavirus) is a very common virus.

Most people will get it at some point - usually without knowing.

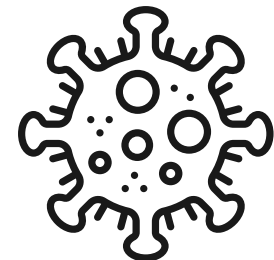
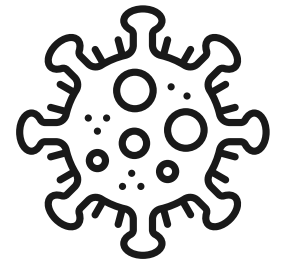
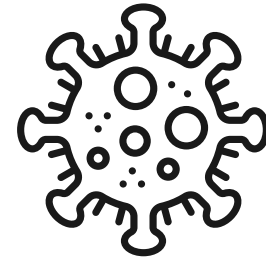
- There are over 200 types of HPV.
- Most don't cause any problems and clear on their own.
- Some types **can cause cancers in later life**, like cervical, head and neck, anal and penile, and others.

How can you catch HPV?

- HPV is passed on through close skin-to-skin contact, usually in the genital area. You *do not* need to have sex to catch HPV.

Why does HPV matter?

- Some kinds of high-risk HPV can persist and cause changes to cells in the body. These changes can develop into cancer later on.
- Around **1 in 20 cancers are linked to high-risk HPV**.



The vaccine: what you need to know

The HPV vaccine protects you from the types of HPV that can cause cancer.

Who gets the vaccine?

- All boys and girls aged 12-13 (Year 8).
- If you missed it, you can get it up to age 25.

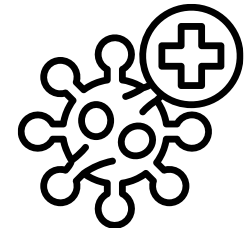


How many doses?

- Just one dose is needed for most young people under 25.

How does it work?

- It trains your immune system to fight HPV before you're ever exposed to it.
- It works best at age 12-13 because your immune system responds strongly.



Is it safe?

- Over 280 million doses have been given worldwide.
- It does NOT contain the live virus, so it cannot infect you.




Are there side effects?


- Mostly mild, such as a sore arm, mild fever or headache.

Quick-fire fact sheet


 HPV is super common - **around 4 out of 5 people will get it at some point in their life.** It can affect anyone, both boys and girls.

 **HPV can cause cancer - about 10,000 cancers a year in the UK -** and head and neck cancers are now more common than cervical cancer.


 High-risk HPV types matter - around 14 types are linked to cancer - and **HPV causes 1 in 20 cancers overall.**

 The HPV vaccine prevents cancer - it's one of the only vaccines that can. **It could prevent 100,000+ cancer cases by 2058.**

 It's safe and trusted worldwide - **over 280 million doses have been given in 130+ countries.** It has been used in the UK since 2008.

 The **vaccine works BEST at the age of 12-13** - your immune response is the strongest at this age.

 You get it in **Year 8 (age 12-13), usually in the Spring Term and for most people it's just one dose.**

 Missed it? You can **catch up until age 25** through your school nurse, GP or local vaccination team.

Key information about the HPV vaccine

What vaccine is used?

- **Gardasil 9** is the standard UK HPV vaccine.
- A **single dose** is enough to provide long term protection for most people under 25.
- It contains **no live virus, no genetic material, no porcine or animal products, and is suitable for Hindu, Jewish, Muslim and other faith groups.**

How effective is it?

- The vaccine underwent over 15 years of research and clinical trials before being approved for public use.
- Young people vaccinated at ages **12-13 have around 90% protection.**
- Since rollout, the UK has seen major declines in HPV infections.

Who is offered the vaccine?

- All **boys and girls in Year 8 at secondary school (around age 12-13).**
- You can receive the vaccine **up to your 25th birthday** through your school nurse, GP or local vaccination team.

How do I say yes to the vaccine?

- If you are under 16, **parental consent is required for you to receive the HPV vaccine in school.** A consent form will be sent to your parents in advance of the vaccine clinics in the Spring Term.

Myths vs facts

Myth	VS	Fact
“The HPV vaccine is about sex.”		The HPV vaccine is about cancer prevention.
“Young people don’t need the HPV vaccine yet.”		Getting it early gives stronger, long-lasting protection - it works best before exposure to HPV.
“The HPV vaccine is a contraceptive.”		The HPV vaccine does NOT prevent pregnancy and does NOT protect against other STIs.
“Only girls need it.”		HPV can affect anyone, and boys need protection too.
“The vaccine isn’t safe.”		It’s been researched for 15+ years and used millions of times safely.
“You can get HPV from the vaccine.”		Impossible. The vaccine doesn’t contain live virus.
“HPV isn’t common.”		Up to 80% of people will get HPV at some point.

What to expect on the day

Your school vaccination team will visit during the school year, this is normally in the Spring Term.

Your **parent/carer will need to complete a consent form beforehand** for you to be eligible to have the HPV vaccine on the day.

On school vaccination day:

- Your class will be called down to the school hall to be vaccinated.
- The jab only takes a few seconds.
- You can go straight back to lessons afterwards.

The vaccinator will ask you a few questions about your health and wellbeing on the day.

Practical tips

Below are some top tips to help you prepare for vaccination day:

- Wear a short sleeve shirt or loose fitting top for easy access.
- Make sure you drink plenty of water and stay hydrated.
- It's completely normal to be nervous about having a vaccine, please speak to the school nurse about any concerns you may have.

Example copy: HPV vaccinations at school

The HPV vaccine is coming to your school.

From April, Year 8 students (and anyone older who still needs it) will be offered the HPV vaccine at secondary school. It's quick, it's safe, and it helps protect you from certain cancers later in life. 💉 ✨



Want more info for your area?

- If you're in **North West London** (Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Kensington & Chelsea, Westminster), visit:



[Vaccination UK](#)

- If you're in **South West London** (Croydon, Kingston, Merton, Richmond, Sutton, Wandsworth), visit:



[Kingston & Richmond NHS Foundation Trust](#)

Getting the HPV vaccine gives you extra protection that helps keep you healthy not just now, but way into your adult life.

It's one of the easiest ways to protect your future self



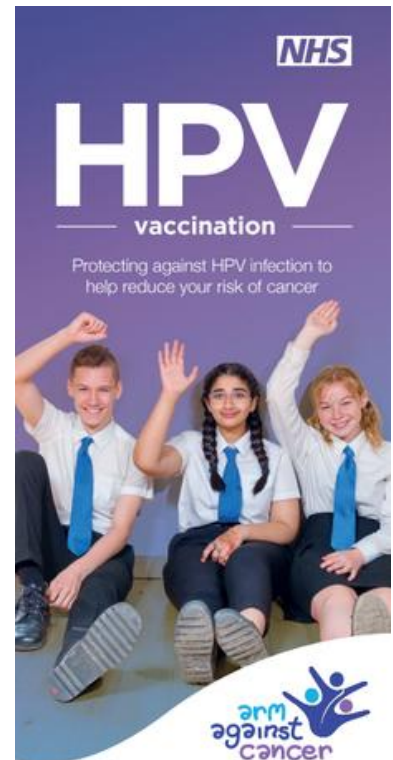
#HPVVaccine #OneJabLongTermProtection

Where to get more information

For more information about the HPV vaccine, you can visit:

- 👉 **Arm Against Cancer HPV Leaflet** (available in multiple languages): [The universal HPV immunisation programme](#)
- 👉 **Health For Teens:** <https://www.healthforteens.co.uk/health/immunisation/6-facts-about-the-hpv-vaccine/>
- 👉 **NHS England:** www.nhs.uk/hpv
- 👉 **NHS Inform:** [HPV vaccine | NHS inform](#)
- 👉 **Bristol Educate:** <https://youtu.be/rHUMDOI3s2U>

6 QUESTIONS YOU MIGHT HAVE ABOUT THE HPV VACCINE



RM Partners Social Media Handles



LinkedIn: [linkedin.com/company/rm-partners-nhs-cancer-alliance](https://www.linkedin.com/company/rm-partners-nhs-cancer-alliance)



Instagram: [@rmpartnersnhs](https://www.instagram.com/rmpartnersnhs)



X: [@RMPartnersNHS](https://twitter.com/RMPartnersNHS)



Bluesky: [@rmpcanceralliance.bsky.social](https://bsky.app/profile/rmpcanceralliance.bsky.social)

This HPV Vaccine presentation has been
produced by RM Partners NHS Cancer Alliance

