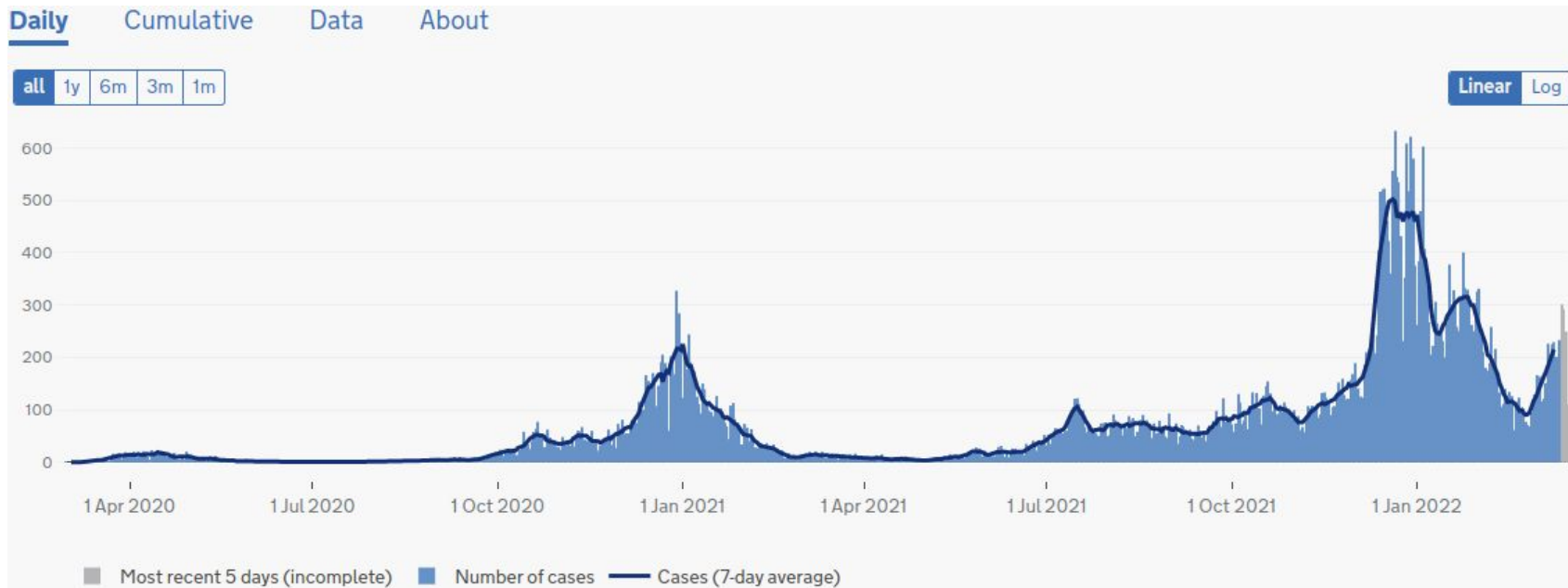


# Welcome: Session 44 (21/03/22)

- Thank you for joining us
- We are grateful for the support of the community sector working in partnership with us to share messages with the residents of Kingston
- We need every resident to know what they can personally do to keep themselves safe - and that way - also help Kingston to be safe as a whole
- Today we will share the latest data for Kingston
- We will share the latest key messages - for you to share with your contacts
- We'll also be adding in some new messages - about opportunities for residents to stay healthy while we have COVID-19 in the borough

# Kingston daily COVID-19 cases at 18/03/22 (full data up to 21/03/22)



22 Feb 2022

■ Number of cases : 96

— Cases (7-day average) : 99.7

3 Mar 2022

■ Number of cases : 163

— Cases (7-day average) : 139

10 Mar 2022

■ Number of cases : 229

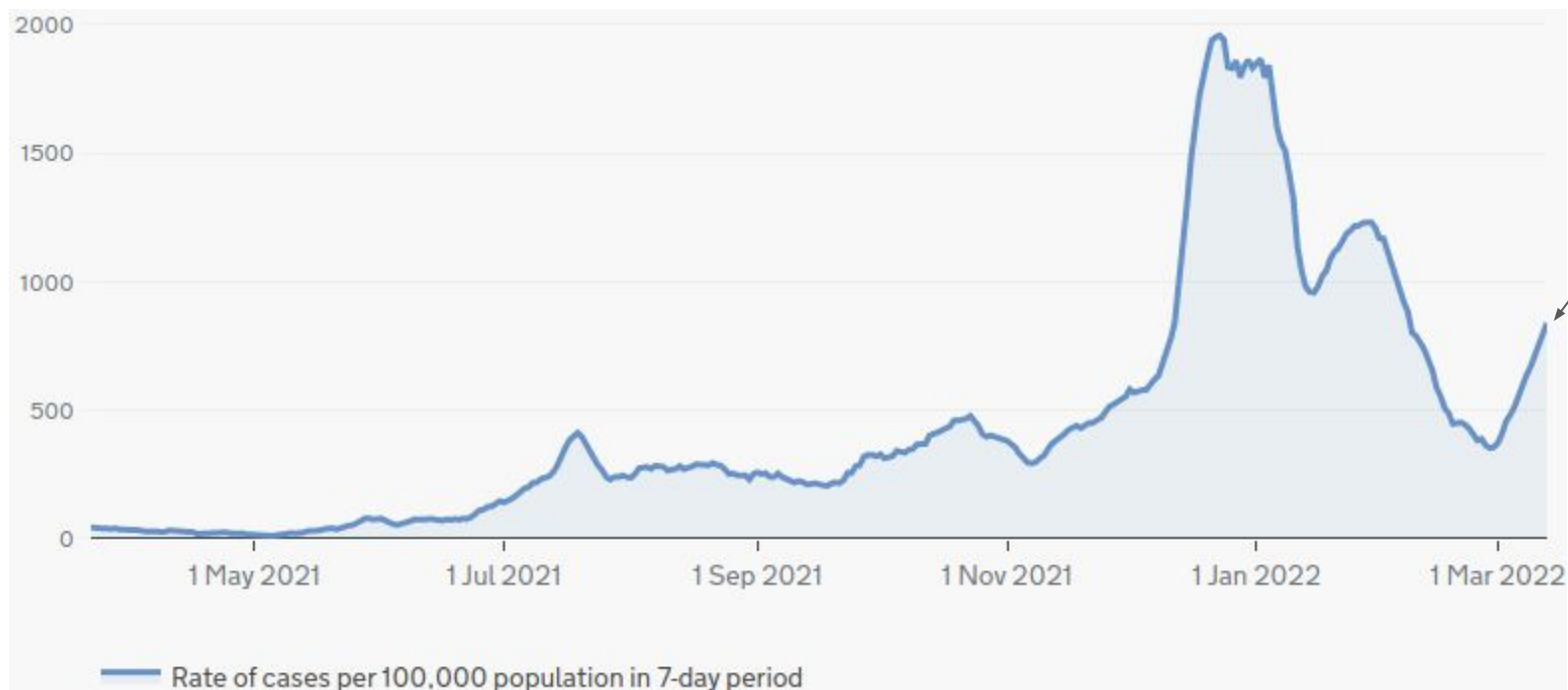
— Cases (7-day average) : 215

Rates have risen again, this time to levels last seen around February 4th.

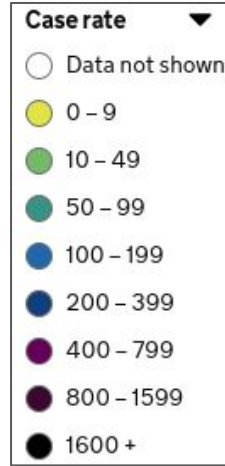
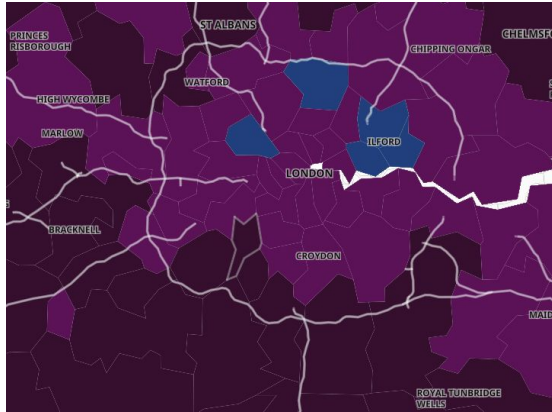
# Kingston 7-day case rate by specimen date

13 Mar 2022

Rate of cases per 100,000 population in 7-day period : 840.1



# What is the trend in Kingston for COVID-19?



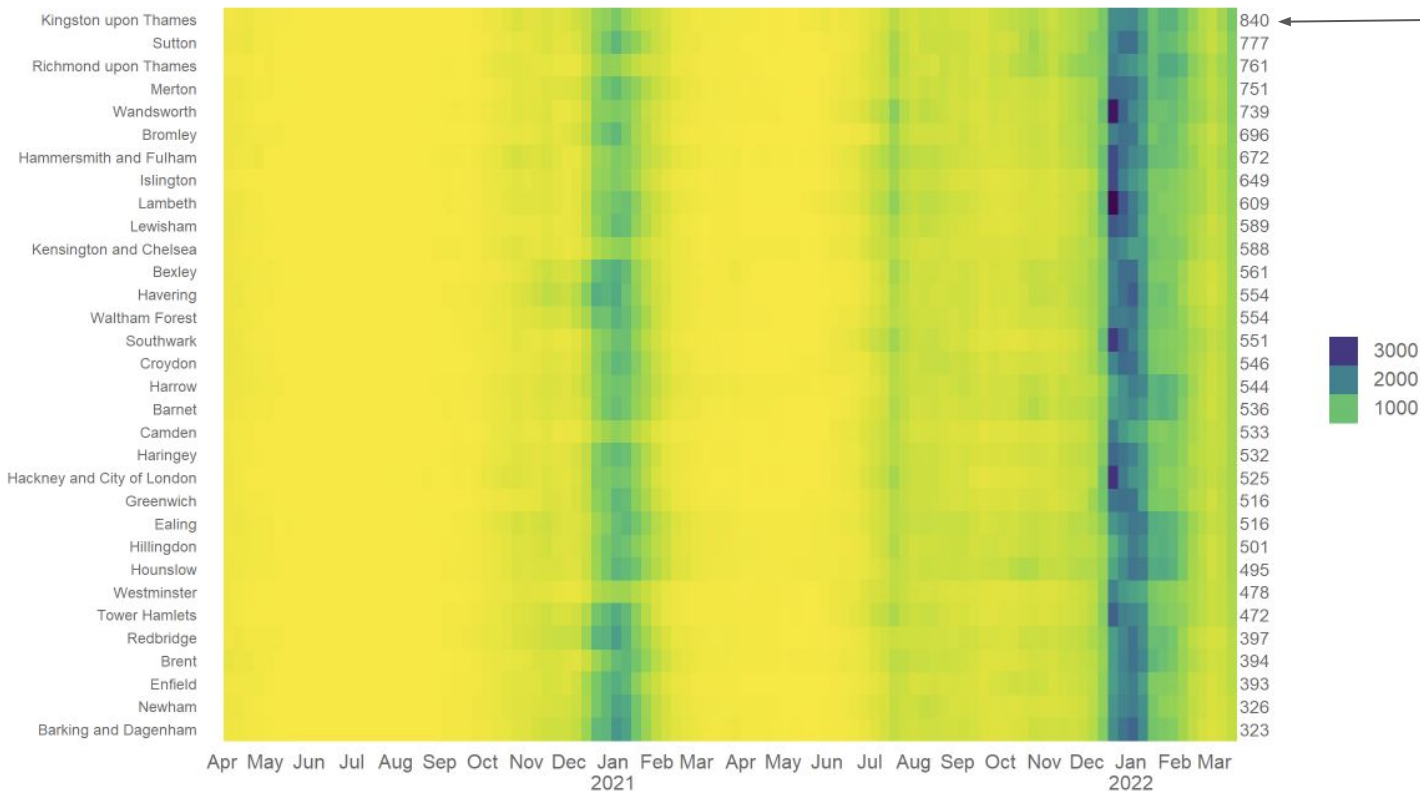
Date	Rate
18/01/2022	949.5
25/01/2022	1093.5
01/02/2022	1165.6
08/02/2022	801.6
15/02/2022	554.3
22/02/2022	453.3
27/02/2022	353.4
06/03/2022	543.1
<b>13/03/2022</b>	<b>840.1</b>

You can check the latest data here: <https://data.kingston.gov.uk/home/coronavirus-dashboard/>

# How does Kingston compare with other London boroughs?

## Weekly case rates per 100,000 population

Most recent complete data for week ending 13 March (case rate shown on right hand column)

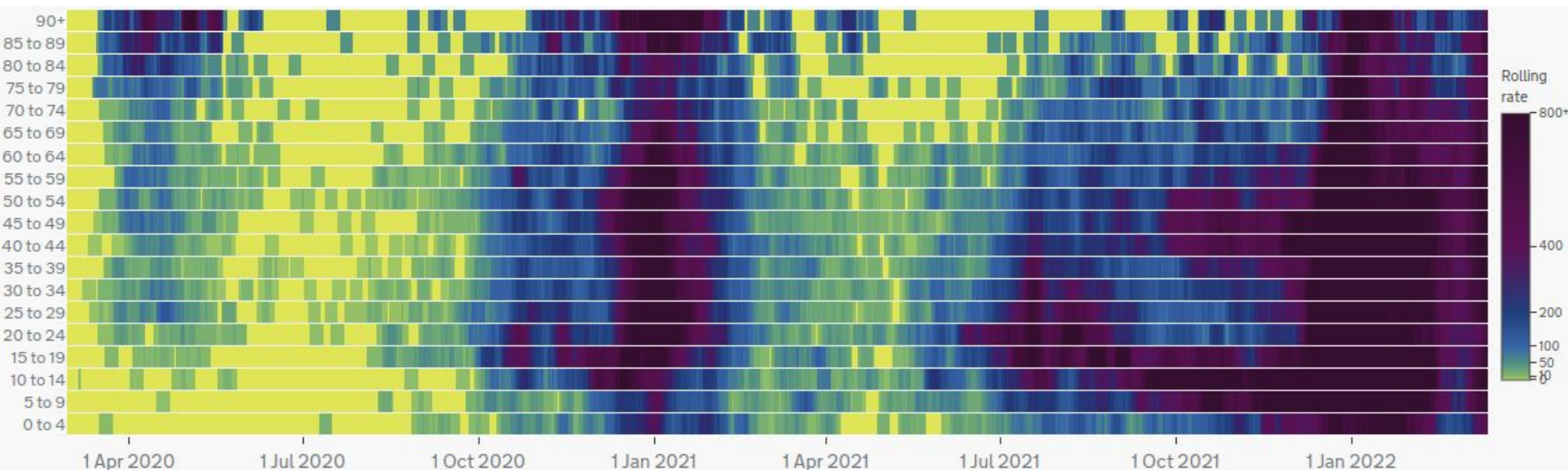


Source: PHE COVID-19 Dashboard

Sorted by case rate in most recent week. Colour scale may change with new data

Graphic by GLA City Intelligence

# Seven day rate per 100,000 population / week, to 13th March 2022, by age group in Kingston



0-4 Rate: 486	5-9 Rate: 768	10-14 Rate: 1,019	15-19 Rate: 837	20-24 Rate: 589	25-29 Rate: 835	30-34 Rate: 851	35-39 Rate: 1,103	40-44 Rate: 999	45-49 Rate: 937	50-54 Rate: 940	55-59 Rate: 953	60-64 Rate: 942	65-69 Rate: 665	75-79 Rate: 667	85-89 Rate: 659
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Rates continue to rise. The average rate in the 25-64 age range is 945.



# Kingston Hot Spots, 13/03/22

## Berrylands South

MSOA

Seven days to 13 March 2022

Total cases

82 ↑ 41 (100.0%)

Case rate per 100,000 people

**1,104.8**

## Hook

MSOA

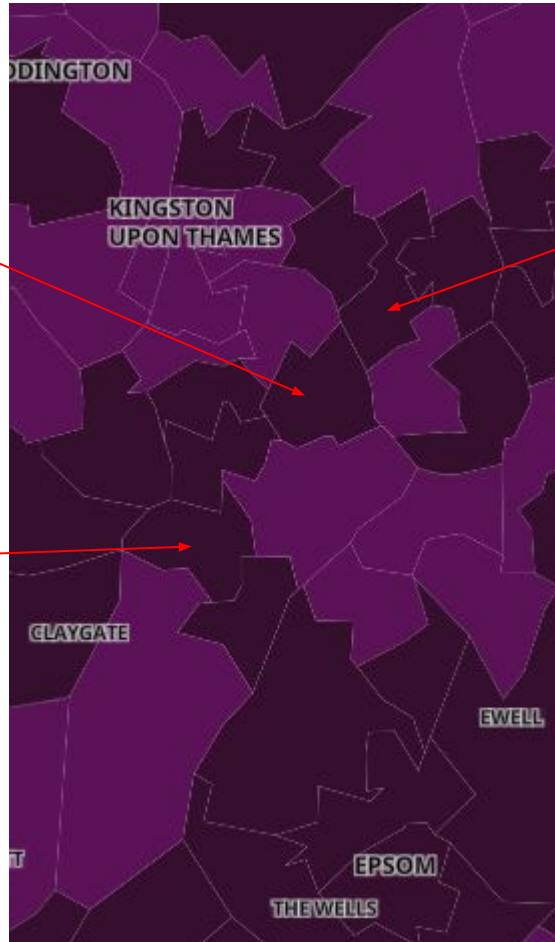
**Seven days to 13 March 2022**

Total cases

**101**    **↑ 65 (180.6%)**

Case rate per 100,000 people

**1,286.8**



## New Malden West

MSOA

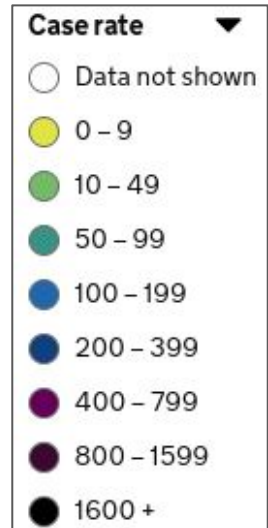
Seven days to 13 March 2022

Total cases


**104** ↑ 58 (126.1%)

Case rate per 100,000 people

**1,233.0**



You can check the latest maps here: <https://coronavirus.data.gov.uk/details/interactive-map>



If you have COVID-19 symptoms you should avoid contact with others and  
**order a PCR test.**

If you test positive, stay at home.



# Keep safe: Prevent COVID-19 spreading in your household

If you or a family member have COVID-19 there is a high risk of passing onto others in your household, there are simple things you can do to help prevent the spread:

- **keep your distance from other people you live with and spend as little time as possible in shared areas such as kitchens and living rooms.** This is particularly important if someone you live with is unvaccinated or at higher risk of becoming seriously unwell from COVID-19, especially those with a severely weakened immune system
- if you need to spend time in shared areas **wear a well-fitting face covering made with multiple layers or a surgical face mask.** Ventilate the room by opening windows and leaving them open for at least 10 minutes after you have left the room. Leave extractor fans running for longer than usual with the door closed after use
- **cover your mouth and nose with disposable tissues when you cough or sneeze.** Dispose of tissues into a rubbish bag and immediately wash your hands or use hand sanitiser
- **wash your hands frequently** with soap and water for 20 seconds or use hand sanitiser after coughing, sneezing and blowing your nose and before you eat or handle food. Avoid touching your face
- if you can, **use a separate bathroom from the rest of the household.** If this is not possible try and use the bathroom after everyone else
- **regularly clean frequently touched surfaces**, such as door handles and remote controls, and shared areas such as kitchens and bathrooms

# What is the London hospital data showing?

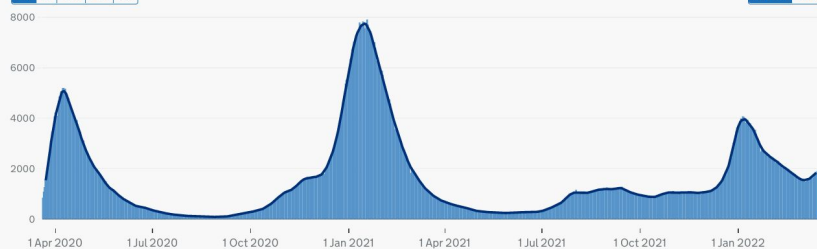
## Patients in hospital

Daily count of confirmed COVID-19 patients in hospital at 8am. Data are not updated every day.

Daily Data About

all 1y 6m 3m 1m

Linear Log



COVID-19 patients COVID-19 patients (7-day average)

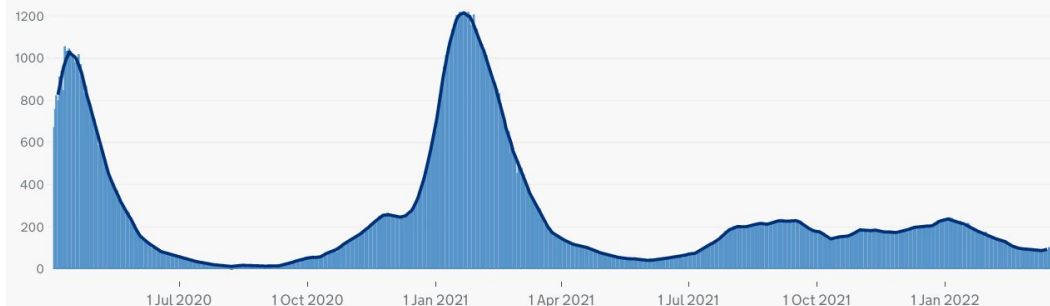
## Patients in mechanical ventilation beds

Daily count of COVID-19 patients in mechanical ventilation beds, and 7-day rolling average. Data are not updated every day.

Daily Data About

all 1y 6m 3m 1m

Linear Log



See the latest London data here:  
<https://coronavirus.data.gov.uk/details/healthcare?areaType=nhsRegion&areaName=London>

**Spring Booster Programme opened today (21st March 2022)**

## When will people be able to book their Spring booster?

JCVI's advice is that people should wait until **around six months since their last dose for maximum effectiveness**, and people are asked to **wait until they are invited by the NHS to book**. **The NHS will begin inviting people from the week beginning 21 March 2022** and will offer a top-up dose to all who are eligible during Spring and early Summer.

## How do I get my booster dose of the COVID vaccine?

**For Spring Boosters, you should wait until the NHS contacts you.** For an initial booster dose (the first dose following your primary course), you can visit [www.nhs.uk/covid-boosters](https://www.nhs.uk/covid-boosters) to find your nearest walk in option or book an appointment. You can also call 119 free of charge which also offers translators on request.

## Why should I still get the vaccine now that restrictions have been lifted?

- Vaccines have enabled the gradual and safe removal of restrictions on everyday life over the past year.
- Thanks to the COVID-19 vaccine, we are able to get back to doing the things we love. **However, COVID-19 is still out there and there are still people in hospital unwell with the virus.**
- Make sure you stay up to date with your vaccines for the best possible protection and for extra reassurance that you're keeping yourself and others safe.

# Vaccination:

Our range of walk-in vaccination clinics continues across Kingston and our bordering boroughs - **it really has never been easier**

Offers change on a weekly basis, but for the very latest, please check at:

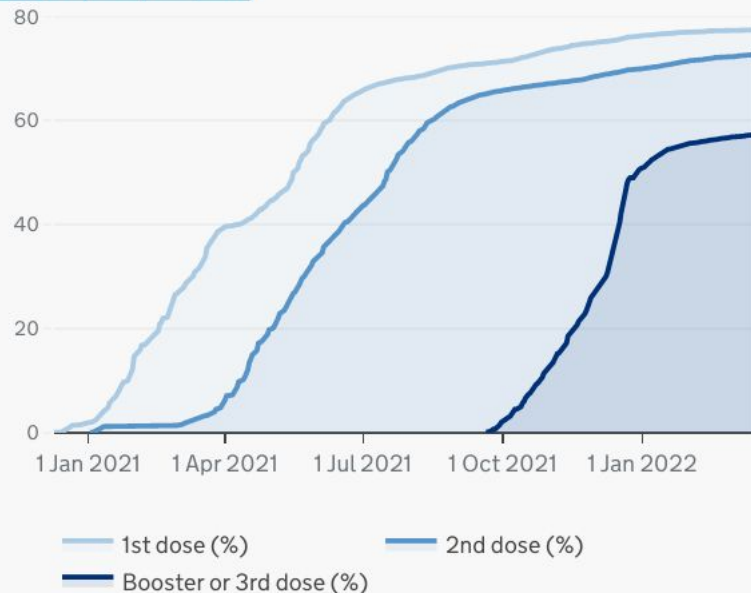
[www.swlondonccg.nhs.uk/covid/where-can-you-get-vaccinated/vaccination-walk-in-clinics/](https://www.swlondonccg.nhs.uk/covid/where-can-you-get-vaccinated/vaccination-walk-in-clinics/)

Uptake

Data

About

all 1y 6m 3m 1m



Latest total percentage of people aged 12 and over who have received a COVID-19 vaccination, by dose.

1st dose: 77.4%

2nd dose: 72.6%

3rd dose or booster: 57.3%

Kingston Vaccination data for the 16th March 22 (latest available)

Source: <https://coronavirus.data.gov.uk/details/vaccinations?areaType=Itla&areaName=Kingston%20upon%20Thames>



# GET BOOSTED NOW



COVID-19  
Vaccination Centre

## Kingston walk-in COVID-19 vaccination clinics

Ages 12+, 1st, 2nd & booster doses

**Hawks Road**

**Monday 21 and Wednesday 23 March 2022**

**Boots, Union Street, Kingston**

**Monday 21, Friday 25 and Saturday 26 March 2022**

**For times & full details visit [swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)**

**No appointment needed or book at [nhs.uk](https://nhs.uk)**

# GET BOOSTED NOW



COVID-19  
Vaccination Centre

## Richmond walk-in COVID-19 vaccination clinics

Ages 12+, 1st, 2nd & booster doses

**Teddington Health and Social Care Centre**

**Tuesday 22, Wednesday 23 and Saturday 26 March 2022**

**Whitton Corner Community Centre, Twickenham**

**Monday 21 and Wednesday 23 March 2022**

**York House, Twickenham, TW1 3AA**

**Thursday 24 March 2022, 1pm to 7pm**

**West Middlesex University Hospital Vaccination Hub**

**Monday 21 to Sunday 27 March 2022**

**For times & full details visit [swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)**

**No appointment needed or book at [nhs.uk](https://nhs.uk)**

# COVID-19 Pharmacy Vaccinations

**Pfizer and Moderna walk-in session**

**COVID-19 Vaccination and Booster**

**NHS**

COVID-19  
Vaccination Centre

**Boots, Union Street, Kingston**

**Pfizer vaccination clinic, 16+ 1st and 2nd doses booster walk-in:**

**Monday 21 and Saturday 26 March 2022, 9am to 1pm**

**Moderna vaccination clinic, 18+ for booster doses only walk-in:**

**Monday 21 March 2022, 2pm to 5.15pm**

**Friday 25 March 2022, 9am to 1pm and 2pm to 5.15pm**

**Saturday 26 March 2022, 2pm to 5.15pm**

**[swlondonccg.nhs.uk/covid-walk-in-clinics](https://swlondonccg.nhs.uk/covid-walk-in-clinics)**





**NHS**

South West  
London



**Thursday 24 March,  
1pm-7pm**

**Walk in to get your  
COVID-19  
VACCINE**  
**York House,  
Twickenham,  
TW1 3AA**

[www.swlondonccg.nhs.uk/covid-walk-in-clinics](http://www.swlondonccg.nhs.uk/covid-walk-in-clinics)



**Come for  
a chat**

**NHS**

South West  
London


**Ask about  
the Covid-19  
Vaccine**

Visit your local vaccine  
walk-in clinic or call  
0203 880 0388\* to speak  
to a member of staff  
\*charges may apply

[www.swlondonccg.nhs.uk/covid-walk-in](http://www.swlondonccg.nhs.uk/covid-walk-in)



# **Selection of National Messages (all valid until 1 April 2022)**



If you have COVID-19 symptoms you should avoid contact with others and  
**order a PCR test.**

If you test positive, stay at home.



HM Government

**NHS**



**Try to stay at home** if you are unwell.





HM Government



**Getting vaccinated offers the best protection against COVID-19.**

It reduces the risk of spreading it to others and means you're less likely to get seriously ill.



HM Government



**Consider wearing a face covering** in crowded and enclosed spaces, especially where you come into contact with people you do not usually meet.





**Wash your hands regularly for 20 seconds or more  
to limit the spread of COVID-19.**



HM Government



**COVID-19 guidance is changing.**

**Make sure you know what you should do to protect yourself  
and those around you.**

# **A series of 3 focus groups for parents of 5-11 year olds**

Receive a £30 voucher for sharing your thoughts.





South West London



**WE WANT YOUR  
FEEDBACK**

**Is your child aged 5-11?  
If so we want to hear from you...**

Receive a £30 voucher for helping the NHS  
and your local community by sharing  
your views about the Covid-19  
vaccination for children.

If you would like to participate register  
your interest by emailing:

SWLVaccineCommunicationsandEngagement@  
swlondon.nhs.uk

Focus groups taking  
place  
21st, 24th and 29th  
March 2022

**Is your child aged 5-11?  
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swlondon.nhs.uk**



Focus groups taking place  
21st, 24th and 29th March 2022



## **2 assets promoting an under 18s vaccine survey**

Fill in the survey to be entered into a £100 prize draw.



Help us to understand your thoughts about  
vaccinations for children and young people

**NHS**

South West  
London

**Are you a parent  
or carer of someone  
aged under 18? Tell  
us what you think**

[www.surveymonkey.co.uk/r/under18surveyLIVE](https://www.surveymonkey.co.uk/r/under18surveyLIVE)

Currently all individuals 12+ and at risk 5-11 year olds are eligible for a COVID-19 vaccination

Help us to understand your thoughts about vaccinations for children and young people



**Are you a parent  
or carer of someone  
aged under 18? Tell  
us what you think**

[www.surveymonkey.co.uk/r/under18surveyLIVE](https://www.surveymonkey.co.uk/r/under18surveyLIVE)

Currently all individuals 12+ and at risk 5-11 year olds are eligible for a COVID-19 vaccination



# Vaccine Champions update

Our Vaccine Champions programme is now in full swing:

18 new Community Champions trained last Friday 18th March, receiving guidance and information about vaccines and healthy conversations - the project is up to 35 Vaccine Champions in total!

(this group will not only encourage vaccination directly in the community, but findings about why people may or may not be getting vaccinated will shape our Comms in the coming months)

Champions will be:

1. Creating and sharing vaccine confident messaging
2. Understanding community barriers to vaccination, and addressing these
3. Helping others book vaccine appointments
4. Embedding reliable vaccine information into their 'business-as-usual' activities
5. Organising special activities and events to promote vaccination

## Vaccine Champions update

We will make available all Champion training resources and translated vaccination comms (pictured in the following slides) - **we ask that you play a part in sharing them in the community via WhatsApp and social media.**

**We will also notify you when our Vaccine Champions webpage on the KVA website goes live; on here you will find all the latest Vaccine Champion information and messaging.**



Though vaccination is not a guarantee against getting COVID, it reduces your risk of catching it.

**AND IF YOU DON'T CATCH IT,**

**YOU CAN'T SPREAD IT.**



Chociaż szczepionki nie gwarantują, że nie zarazisz się COVID, redukują one ryzyko zarażenia.

**A JEŚLI NIE ZŁAPIESZ COVID,**



**NIE BĘDZIESZ PRZEKAZYWAŁ WIRUSA DALEJ.**



گھر میں ہوا  
کی آمد و رفت  
کو بہتر بنائیں،  
اندر ماسک  
پہنیں، اور  
دوسروں سے  
ملاقات سے  
قبل ٹیسٹ  
ضرور کرلیں۔



>>>  
**Vaktinde aşlanmak, ailenizle ve arkadaşlarınızla daha güvenli bir şekilde vakit geçirebileceğiniz anlamına geliyor.**



# Support for the Ukraine Crisis

Kingston Council is currently working through its own organisational response to the unfolding crisis in Ukraine.

- We are aware that many will be feeling distressed and heartbroken, and will want to know how they can help and show their support.
- Residents can donate to the Disasters Emergency Committee Ukraine Humanitarian Appeal at:  
[www.dec.org.uk/appeal/ukraine-humanitarian-appeal](http://www.dec.org.uk/appeal/ukraine-humanitarian-appeal)
- Kingston residents can also offer a room in their home to people fleeing from Ukraine through the national Homes for Ukraine Scheme:  
<https://homesforukraine.campaign.gov.uk/>
- RBK webpage on Ukraine:  
<https://www.kingston.gov.uk/communications/kingston-council-stands-ukraine-can-help>

# **NEW MESSAGES: Helping people stay healthy while we have COVID-19 in the borough**

We will share details and new messages about opportunities in Kingston for residents to keep themselves as healthy as possible.

**Please share with your networks!**

# Let's get our children active! New free opportunities in Kingston

**Street Tag** is a free family-friendly game app rewarding Kingston residents and primary school-aged children with points and competitions for fitness activities such as walking, running, or cycling within their schools, families and communities

[www.streettag.co.uk/](http://www.streettag.co.uk/)



1. Install the app, create a team and join a leaderboard.
2. Earn points from physical activities indoor and outdoor walking, running, cycling to collect virtual tags + convert your steps into points. Interact to earn bigger points, earn dividends in points, own or trade Poly Tags, Poly Tags are a virtual real estate monopoly-like experience such as House, Hotel, Playground, Gym etc, that are experienced in (3D) Augmented Reality (AR) through the Street Tag app, powered by the communities physical activities.
3. Get Rewards/Win prizes such as sports equipment, amazon vouchers and more.



# Free Kingston Easter Holiday physical activity programme activities for children: please promote



- **FUEL** is Achieving for Children's holiday activity and food programme, by the Department for Education.
- Children receiving benefits-related free school meals can attend FREE holiday activities, which include a hot meal. Football & rugby, holiday camps, and theatre run by partner agencies offer opportunities to get more active and learn new skills.
- See 'FUEL holiday activities' on AfC website for sign up  
<https://kr.afcinfo.org.uk/pages/community-information/information-and-advice/fuel-holiday-activities-and-food-programme>
- **Active Kingston:** Local activity ideas and clubs are posted regularly on this social media site  
[www.facebook.com/activekingston](https://www.facebook.com/activekingston) Like and follow this page to see, for example, current tennis programmes and small grants for activity clubs



**Any questions?**

**Are there any topics in particular you would like to be covered in future sessions? Please put your answers in the chat function.**

If you have any suggestions you can also email

[anna.searight@kingston.gov.uk](mailto:anna.searight@kingston.gov.uk)

Thank you.

Together we can help Keep Kingston Safe



**Let's keep life moving.**



FRESH AIR



TESTING



FACE COVERINGS



APP



HANDWASHING

[gov.uk/coronavirus](https://gov.uk/coronavirus)